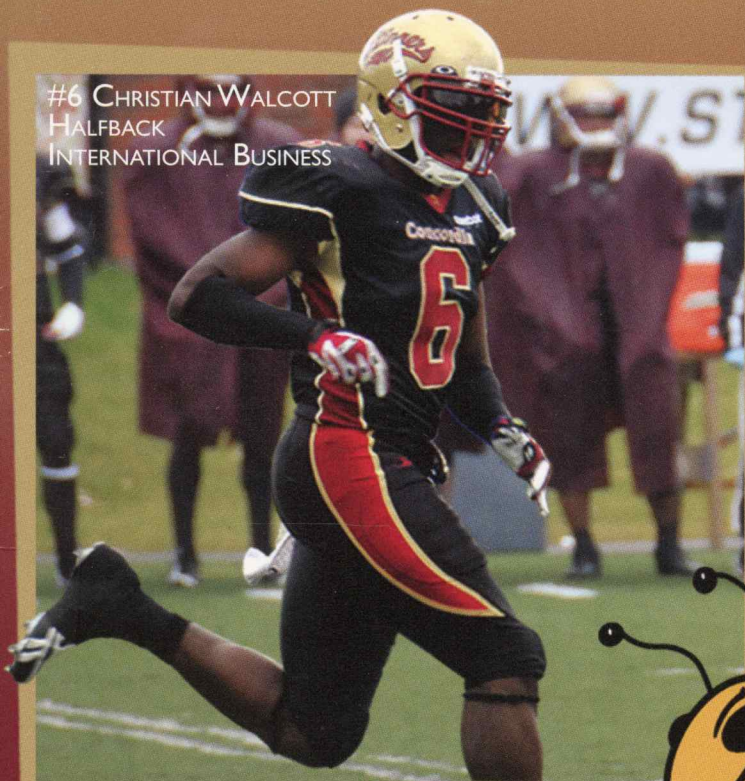
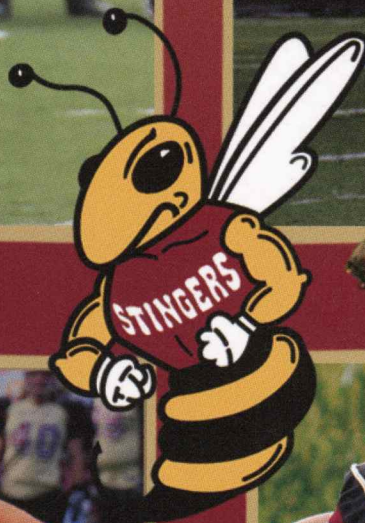
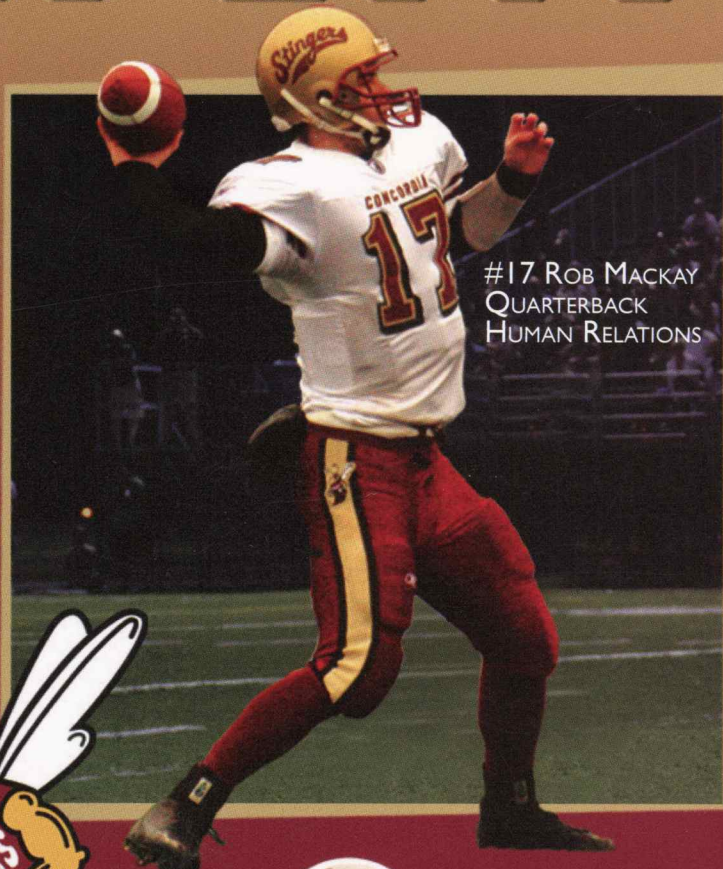


# STINGERS 2010

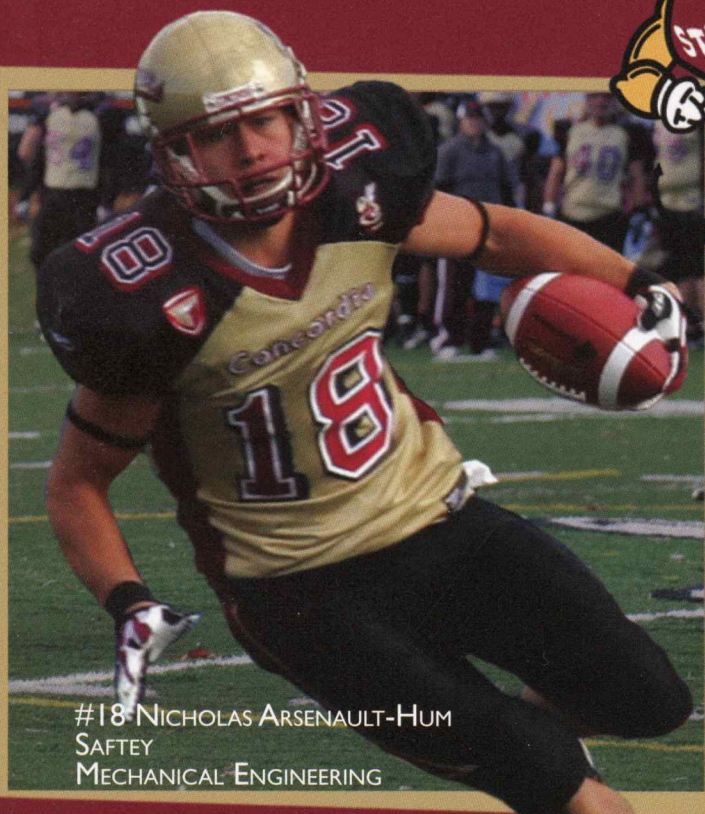
#6 CHRISTIAN WALCOTT  
HALFBACK  
INTERNATIONAL BUSINESS



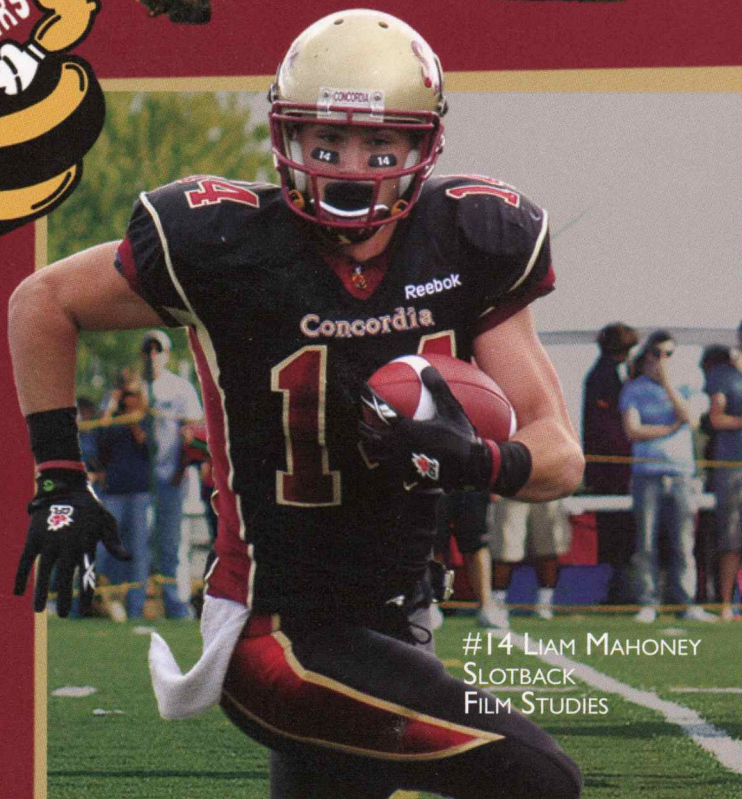
#17 ROB MACKAY  
QUARTERBACK  
HUMAN RELATIONS



#18 NICHOLAS ARSENAULT-HUM  
SAFETY  
MECHANICAL ENGINEERING



#14 LIAM MAHONEY  
SLOTBACK  
FILM STUDIES



UNIVERSITÉ  
Concordia  
UNIVERSITY





Department of  
Recreation and Athletics

**VISIT *stingers.ca* AND FOLLOW THE STINGERS ONLINE.**

## **eSCORES**

**STAY CONNECTED TO THE STINGERS WITH  
TEXT MESSAGES SENT RIGHT TO YOUR  
PHONE OR EMAIL ADDRESS.**

## **TWITTER**

**FOLLOW @THE\_STINGERS.**

## **YOUTUBE**

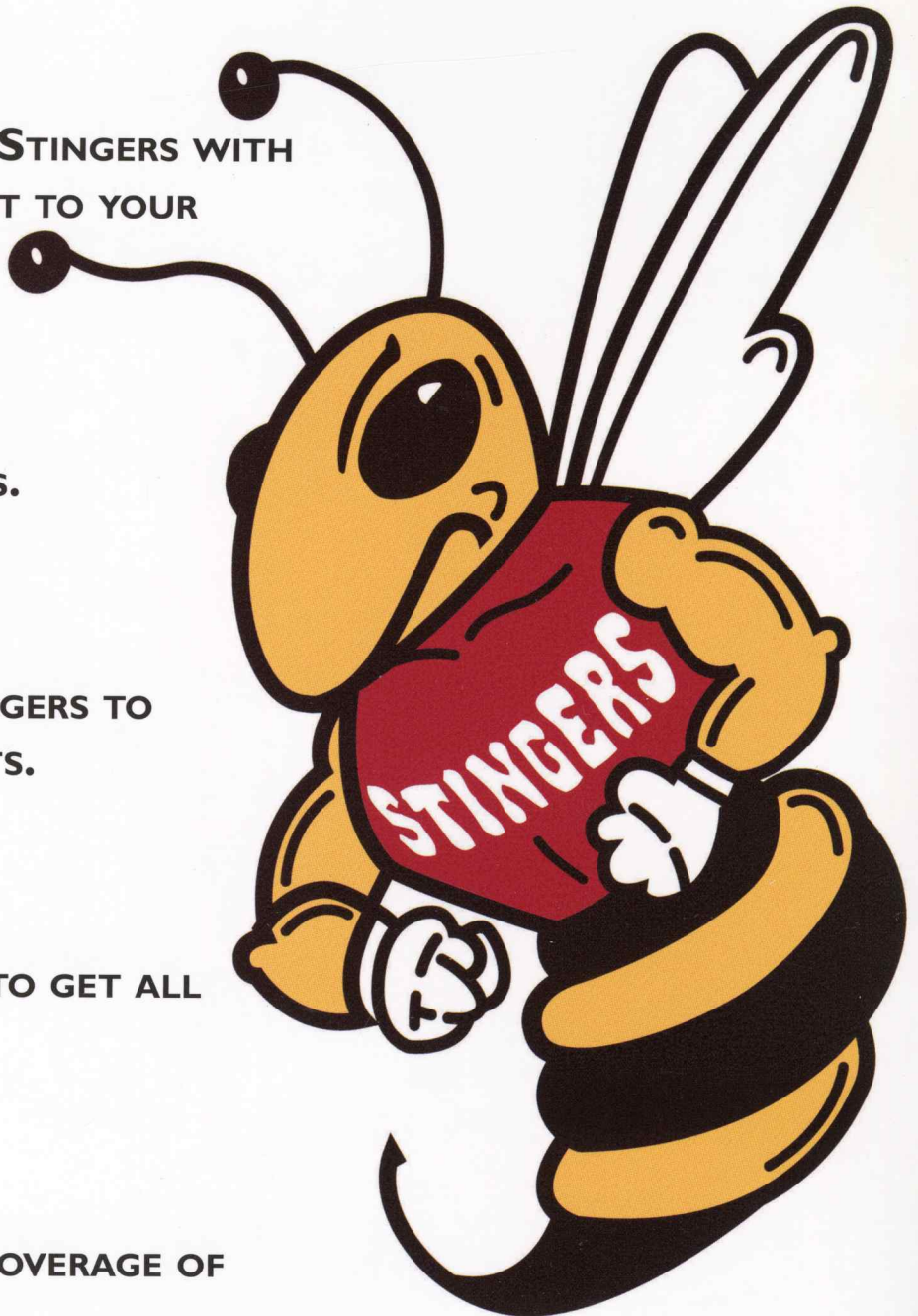
**SUBSCRIBE TO CONUSTINGERS TO  
WATCH SEASON HIGHLIGHTS.**

## **FACEBOOK**

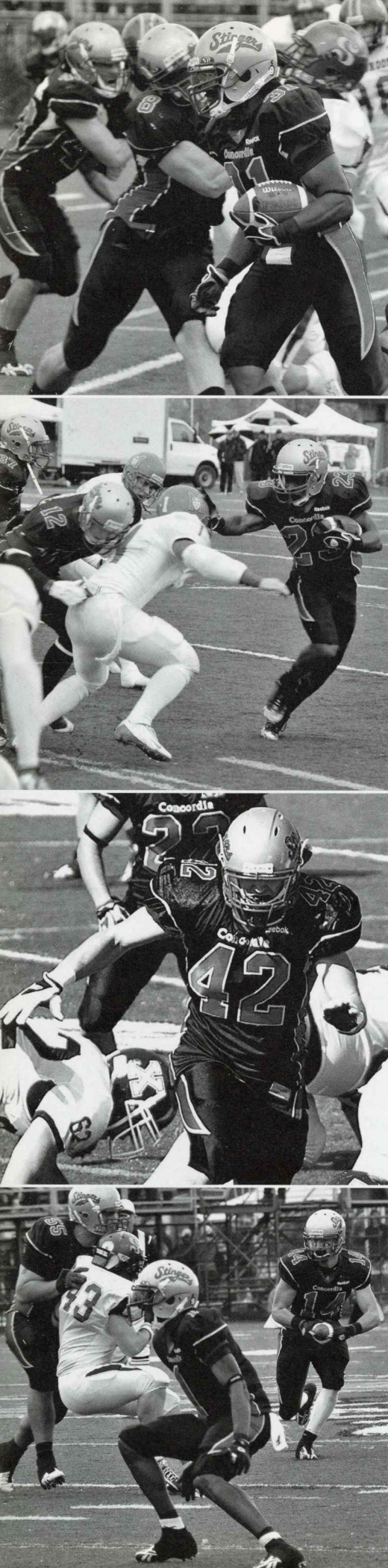
**BECOME A STINGERS FAN TO GET ALL  
THE LATEST INFO.**

## **WEBCASTS**

**TUNE IN TO WATCH LIVE COVERAGE OF  
STINGERS GAMES.**







# 2010 STINGERS FOOTBALL SCHEDULE

THURSDAY, AUG. 26 12:00 PM  
EXHIBITION GAME



GUELPH

VS.



CONCORDIA

SATURDAY, SEPT. 4 7:00 PM



CONCORDIA

@



BISHOP'S

SATURDAY, SEPT. 11, 1:00 PM  
HOME OPENER  
BROADCAST LIVE ON:  
SRC-TV, THE TEAM 990AM



MONTREAL

VS.



CONCORDIA

FRIDAY, SEPT. 17, 7:00 PM  
SHAUGHNESSY CUP



CONCORDIA

@



MCGILL

SATURDAY, SEPT. 25, 1:00 PM  
SHRINE BOWL  
BROADCAST LIVE ON:  
THE TEAM 990AM



BISHOP'S

VS.



CONCORDIA

SUNDAY, OCT. 3, 1:00 PM



CONCORDIA

@



LAVAL

SATURDAY, OCT. 9, 1:00 PM  
BROADCAST LIVE ON:  
THE TEAM 990AM



MCGILL

VS.



CONCORDIA

SATURDAY, OCT. 16, 1:00 PM  
BROADCAST LIVE ON:  
SRC-TV



CONCORDIA

@



SHERBROOKE

FRIDAY, OCT. 22, 7:00 PM



CONCORDIA

@



MONTREAL

SATURDAY, OCT. 30, 1:00 PM  
BROADCAST LIVE ON:  
SRC-TV, THE TEAM 990AM



LAVAL

VS.



CONCORDIA

\*All scheduled television coverage subject to change

## Concordia University Department of Recreation and Athletics

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### Photography

Concordia University  
Recreation and Athletics  
Marissa Stimpson

### Printer

Concordia Digital Store





# WELCOME TO CONCORDIA

Concordia is an urban university which is responsive to the needs of a diverse student population as well as to the bilingual and multicultural environment of Montreal. Concordia is a welcoming community where the values of equality, non-discrimination and tolerance of diversity are appreciated and actively promoted. Representing more than 150 countries are the 44,000 students who attend Concordia each year.

We are very proud of our legacy and the success of our students. For over 180 years, we have been committed to the pursuit of educational excellence and innovative research. Concordia has strong traditions of individual empowerment, discovery and leadership building. These cornerstones of education were built by Concordia's founding institutions - Loyola College and Sir George Williams University - and are still strong today as they continue to unfold in new and exciting ways with local, national and global relevance.

Our university proudly offers over 500 programs, including 300 undergraduate and over 200 graduate degrees, diplomas and certificates. These programs span our four faculties - Arts and Science, The John Molson School of Business, Engineering and Computer Science, and Fine Arts - and our School of Graduate Studies.

Concordia serves its students with state of the art facilities such as the Integrated Engineering, Computer Science and Visual Arts complex and the newly constructed John Molson School of Business building, both located at the downtown SGW campus. At the Loyola Campus in NDG, the Richard J. Renaud Science Complex will soon be joined by the Centre for Structural and Functional Genomics and the PERFORM Centre which are slated for completion in 2011.

The addition of these facilities allows Concordia to stay competitive in research and development, provides our students and faculty with the tools to succeed in the classroom, and supports our pledge of sustainability.

Concordia is committed to responsible and innovative leadership, to fulfilling the mission of universities to develop and disseminate knowledge and values, and to acting as a social critic. Our university seeks to achieve this end by offering its students inclusive and accessible academic programs which stress a broad-based, interdisciplinary approach to learning, by fostering an environment of academic and pedagogical freedom, and by dedication to superior teaching supported by the best possible research, scholarship, creative activity and service to society. Through these means, Concordia University prepares its graduates at all levels, to live as informed and responsibly critical citizens who are committed to learning and to the spirit of inquiry.











# MESSAGES



Judith Woodsworth, PhD  
President and Vice-Chancellor  
Concordia University

*Judith Woodsworth*

It is my pleasure to welcome you to Concordia University and to our Loyola campus Recreation and Athletics facilities.

The game of football is a well-rooted tradition at Concordia as well as an integral part of our culture. It offers us the chance to connect and rally students, staff, faculty, alumni, and our local community together behind our team. This encouragement fuels the determination of our players.

Our Concordia Stingers demonstrate significant resolve and exert tremendous efforts on the field as well as in the classroom. It takes focus, heart, and discipline to succeed as a student-athlete and we are all extremely proud of their accomplishments. They are true ambassadors for our university.

At Concordia, we promote sports and athletics as we encourage the value of healthy bodies and active minds. The Department of Recreation and Athletics plays a significant role in providing students with opportunities to attain this needed balance and adds great value to university life. In the year ahead, we will witness the construction of the new exciting PERFORM Centre. This world class research facility will support education and research in the field of lifestyle rehabilitation. Completion is expected by spring 2011. We look forward to updating you about the Centre and other important developments at Concordia in the coming months.

I would like to thank our alumni, sponsors, and supporters for their dedication and loyalty and ask you to join me in wishing Coach McGrath and the Concordia Stingers great success this season!

Go Stingers!



Katie Sheahan  
Director Recreation and Athletics  
Concordia University

*Katie Sheahan*

As Director of Recreation and Athletics, I have the privilege of crossing paths with students, staff, faculty, alumni, and our neighbours and supporters here in the community throughout the year. But there is something exceptional about the back-to-school experience which creates a buzz on campus, and a good part of that feeling is generated by the Concordia Stingers!

Last year, we were proud to update you about the new Stinger Dome facility that was installed over the deMaisonneuve playing field during the winter months. What an amazing asset this new indoor playing surface proved to be for the Stingers. Almost all our student-athletes had an opportunity to train in the Dome and their feedback about how this facility helped them develop was tremendous. This year, construction on the new PERFORM Centre will be completed in March 2011. The departments of Exercise Science and Recreation and Athletics will each offer selected programs and services out of this wonderful new facility and, when added to the experience of being able to train on indoor playing fields, I have no doubt that together these facilities will help our Stingers achieve a new level of success.

Again this year, the Stingers will be treating us to an exciting season of football and there is no better place to cheer them on than from our stands! New this year the Stingers will play nine games during the regular season, four of which are at home hosting Montreal, Bishop's, McGill, and Laval.

We are also adapting our game-day set-up while construction of the PERFORM Centre is on-going. We thank you in advance for your patience this season. The entrance to the field, ticket booths, snack bar, washrooms, and other services are in new locations this fall and our event staff are ready to assist you with any questions you may have.

See you in the stands!





### *From the Campaign Cabinet:*

Just last year, we wrote to the alumni of Concordia University's athletics programs saying that there has never been a more exciting time to exercise and play at Concordia. This year we are proud to announce that there are even more exciting times ahead! Building on the success of our Stinger Dome project, which was officially christened in March of 2010, Concordia is proud to report that yet another major project is underway.

By the fall of 2011, students, staff, faculty, alumni, our own Concordia Stingers, as well as our neighbours in the local community will witness the official opening of the PERFORM Centre. The staff team in Recreation and Athletics will be collaborating with their colleagues from the Department of Exercise Science to deliver innovative research, programs, and services. Both teams are looking forward in the months ahead to providing the entire Concordia community with updates about their progress. This new centre will undoubtedly set a new standard for the delivery of health and fitness programs in our community.

But our work won't end there. As volunteers for Concordia University's Recreation and Athletics Campaign, we share the university's commitment to promoting regular physical activity through sports in our schools as well as in our communities. That is why we are redoubling our efforts and continuing our work in the pursuit of our goals of building an indoor pool, a triple gymnasium, grandstands equipped with team rooms, a fitness centre, as well as important renovations to our arena. If we want our youth to be engaged in exercise, we need to build it so they will come!

Together with the support of Concordia's alumni and friends, and especially with the support of Stingers fans like you, we can realize these ambitious plans.

Please join our team and make your gift today. Help us promote healthy lifestyles and community wellness.

Yours sincerely,



Richard W. Pound, O.C., O.Q., Q.C., FCA  
Chair, Campaign Cabinet  
Recreation and Athletics Campaign



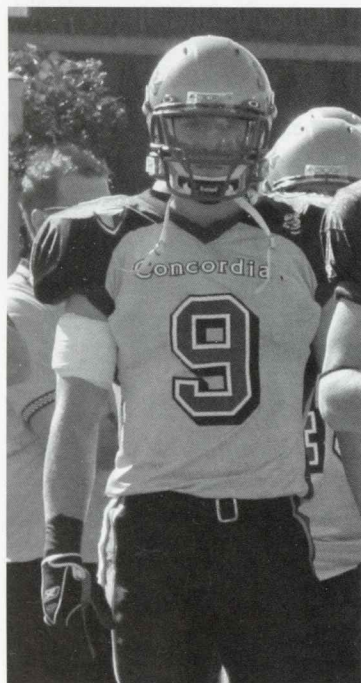
Larry Smith  
Honorary Chair  
Recreation and Athletics Campaign

P.S. Donations of \$500 or more to the Recreation and Athletics Campaign will be recognized in the new complex.





# SUPPORTERS OF CONCORDIA FOOTBALL



## THE RICKY ZIEBA FOUNDATION

Just weeks before the 2009 season training camp, tragedy struck with the sudden passing of the Stingers star linebacker, Ricky Zieba. Ricky was taken from us in a car accident when he fell asleep at the wheel. Despite their pain and sorrow, the Zieba family, with the participation of the Stingers, has raised more than \$20,000 for the Concordia Football program in Ricky's name.

A dedication to Ricky's family took place at our Home Opener last September allowing fellow players, students, fans and friends to express their profound sadness at the loss of such a remarkable young man.

Concordia Football would like to thank the Zieba Family for their support of Ricky's team mates and the team he loved so much.

## THE TONY PROUDFOOT AWARD

Established in 2008, the Tony Proudfoot Award is bestowed annually to a Concordia Stingers football player who best demonstrates outstanding leadership based on academic performance, contribution to the Concordia Football Program, and community spirit.

Created by members of Concordia University Football and Coaching Staff Alumni, this award honours their friend and coach Tony Proudfoot.

Born in Winnipeg, Tony Proudfoot graduated from the University of New Brunswick in 1971 with a degree in Physical Education and joined the Montreal Alouettes as a defensive back from 1971 to '79 earning all star status in 1977 and '79 as well as two Grey Cup rings in 1974 and '77. He also played with the BC Lions from 1980 to '82. Following his playing career, Proudfoot has coached many youth teams in his hometown of Point Claire as well as football teams at Lower Canada College and Junior Alouettes. He was an Assistant Coach for the Concordia Stingers for four years including 1998 when the Stingers played in the Vanier Cup.

This award is funded primarily by private donations from Concordia University Football Alumni and by Stingers fans like you.

To date QB Robert Mackay and DT Alexandre Turp have received the Tony Proudfoot Award.



#17 Robert Mackay



#99 Alexandre Turp



# STINGERS FOOTBALL



## CONCORDIA FOOTBALL CHAMPIONS DINNER

As a proud Football program, the Concordia Stingers have made some great individual and team achievements over the past years. What might prove to be one of the most significant events is the founding of The Champions Club.

With the guidance of Ghislain Arsenault, a graduate of the John Molson School of Business, and Richard W. Pound, Chair of the Recreation and Athletics Fund Raising Campaign Cabinet, we have been able to assemble an outstanding group of volunteers to help raise money for student-athlete scholarships. The much needed funds will help the Stingers compete in recruiting the best student-athletes which helps to build a stronger program on the field and in the classroom.

In the fall of 2009, Recreation and Athletics hosted a Champions Club Dinner and raised \$35,000. These funds were allocated to deserving student-athletes to help alleviate their need to work while attending school and trying to compete as an elite athlete. The goal for the 2010 Champions Club Dinner is \$50,000.

Concordia Stingers fans like you, community members, former Georgians, Warriors and Stingers will want to become a part of The Champions Club. Go to [stingers.ca](http://stingers.ca) and click football to find more information about the next Champion's Club Dinner and on how to donate.



FOR INFORMATION GO TO [STINGERS.CA](http://STINGERS.CA) AND CLICK ON FOOTBALL







# ACE HELPS STUDENT-ATHLETES



*Tutor, Gabriel Plante in the ACE office at the Loyola Campus. Plante was named top academic athlete in 2009 and boasts a 3.9 GPA in Economics.*

**The Academic Centre for Excellence (ACE)** is a program designed to help student-athletes develop into prepared individuals who can excel in today's competitive environment. ACE's goal is to ensure our athletes graduate from Concordia as confident students who are connected to the community and well prepared for the challenges they will face throughout their lives. The dynamics of the employment market in today's global economy have changed to such where a university degree is often no longer enough. By incorporating the following three key programs, ACE strives to be a model in academic preparation, personal development and career placement.

**The Academic Support Program** tracks the progress of student-athletes, from the admissions stage through graduation. It provides an environment for skill development and learning, and helps each student-athlete develop an individual success strategy. The ultimate goal of this program is graduation and a great emphasis is placed on first-year students.

**The Personal Development Program** helps student-athletes develop into well-rounded, articulate and knowledgeable individuals through a series of seminars and workshops. University professionals as well as local and national experts provide on-campus support and aid in skill development. Through outreach programs and volunteering student-athletes learn the importance of public service and have the opportunity to make a positive contribution to the Montreal and Quebec community.

**The Career Development Program** prepares student-athletes for a successful entry into careers of their choice. A strategic plan for success is developed with the student-athletes by examining results from interest and ability testing. Workshops and seminars help student-athletes develop the skills necessary to conduct a successful job search.

## Services and Program Goals

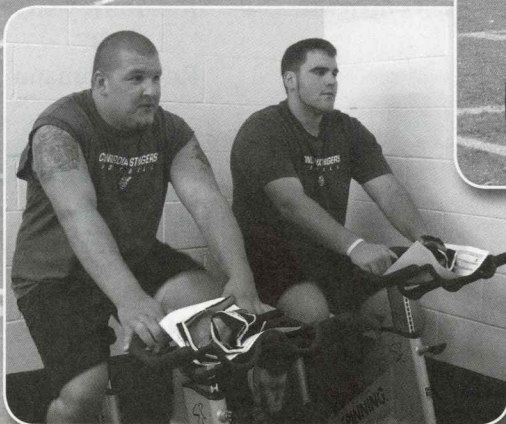
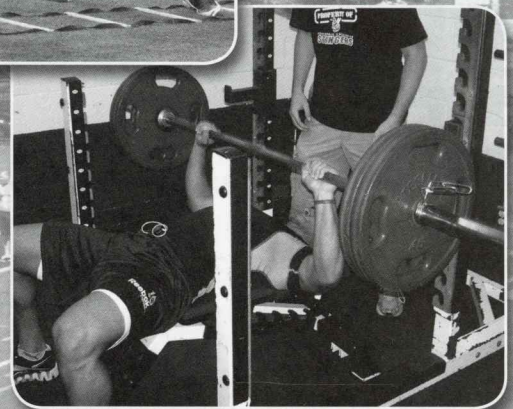
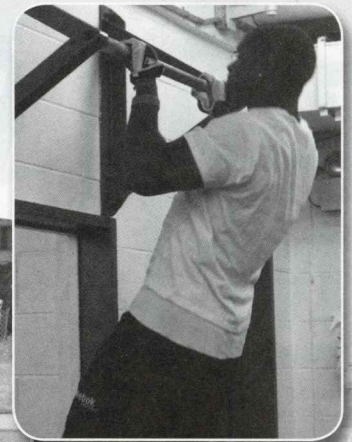
- The ACE program assists all first-year student-athletes in the development of the academic skills required to be successful at university.
- The goal of the program is to promote academic excellence and personal development while maintaining student-athlete eligibility. Student-athletes are encouraged to select academic programs that are consistent with their abilities, interests and career aspirations. Through counselling, workshops, and seminars ACE helps student-athletes develop a personal vision and success strategy for life.
- ACE carefully tracks the academic programs and performance of all student-athletes at Concordia University. Through constant review, the academic strengths and weaknesses of each student-athlete are monitored, and special programs can be developed to enhance their academic goals.
- The program serves as a resource for all student-athletes and enables each individual to obtain out-of-class academic support in the form of group or individual tutoring, supplemental instruction, academic mentoring and skill development workshops and seminars.
- All student-athletes considered 'at risk' are provided with a personal strategy that includes mandatory study-hall, tutoring and class attendance. Each 'at risk' student-athlete will also be assigned an academic mentor/advisor who will help them develop the skills and confidence to be academically successful.
- The program is integral to each student-athlete's academic life. ACE is flexible and offers academic support activities at times when it is possible for student-athletes to attend.
- ACE helps all student-athletes make a smooth transition from university to the workplace by providing a pro-active career development program. The program also provides counselling and guidance to those student-athletes interested in pursuing admission to post-graduate study early in their academic careers.

For more information about ACE visit [athletics.concordia.ca/ace](http://athletics.concordia.ca/ace) or contact ACE by email at [ace@alcor.concordia.ca](mailto:ace@alcor.concordia.ca)

For information on admissions to Concordia visit us at: [www.concordia.ca/info/futurestudents/undergraduate](http://www.concordia.ca/info/futurestudents/undergraduate)



# STRENGTH AND CONDITIONING



## YOU HAVE TO TRAIN TO BE A STINGER

The strength and conditioning coaches designed a multi-platform program to get the best from every Stinger. This program is divided into three seasons:

- Summer training is mainly outdoors and focuses on multi-purpose workouts combining strength training with cardiovascular and functional training. These workouts increase the players' in-game speed, agility and stopping power, and most importantly reduces on field injuries
- Winter training takes place primarily in the gym and is designed to increase muscle strength and size. The team uses free weights, weight machines and cardiovascular equipment to maximize workout efficiency.
- In-season training focuses on maintaining the strength and power developed in the off-season and is an important part of staying injury free.





# STINGERS IN THE PROS



## KANSAS CITY CHIEFS

2010  
Cory Greenwood



## HUSTON TEXANS

2010  
Kristian Matte  
(signed free agent)



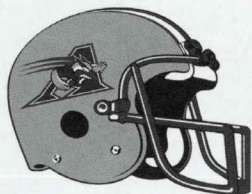
## DALLAS COWBOYS

2005  
Sam Taulealea



## PITTSBURGH STEELERS

2002  
Burke Dales



## MONTREAL ALOUETTES

2010  
Kristian Matte  
(1<sup>st</sup> round draft pick)

2007  
Andrew Hamilton

2004  
Rudy Hage

2003  
Brad Collinson

2000  
Jason Casey

1999  
Sylvain Girard  
Jeff Anderson

1996  
Denis Montana

1987  
Mike Bertone



## EDMONTON ESKIMOS

2008  
Sammy Okpro

2007  
Warren Kean

2004  
Antony Jean

2001  
Eric Bouris

1992  
Simon Taylor

1981  
Dan Pavlicic



## CALGARY STAMPEDERS

1999  
Evans Davis Jr.

1997  
Uzo Ubani

1996  
Farell Duclair

1991  
Nigel Smith

1989  
Richard McCrory

1987  
Rocco Romano

1986  
Albert Calaguiro

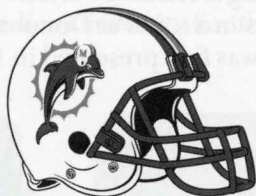
1976  
Dave McMillan  
Larry Tittley  
Mike Walkukavic





**CLEVELAND BROWNS**

1999  
Sylvain Girard



**MIAMI DOLPHINS**

1998  
Denis Montana



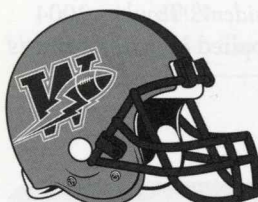
**SAN DIEGO  
CHARGERS**

1995  
Mark Montreuil



**OKLAHOMA CITY  
YARD DAWGZ**

2008  
Keith Dauper



**WINNIPEG  
BLUE BOMBERS**

2010  
Cory Watson  
(2<sup>nd</sup> round draft pick)

2009  
Mike Renaud

2003  
Chris Cvetkovic

1985  
Greg Miller

1976  
Gary Anderson



**HAMILTON  
TIGER-CATS**

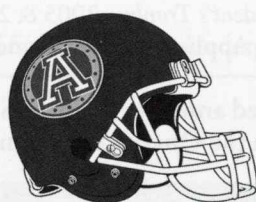
2005  
Mickey Donovan

1987  
Joe Fortune

1985  
Lance Harry

1984  
Tony Marrone

1983  
Paul Palma  
Martin Disabatino



**TORONTO  
ARGONAUTS**

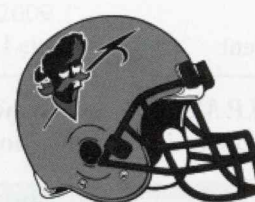
2009  
Cory Greenwood  
(1<sup>st</sup> round draft pick)

1998  
Dave Miller-Johnston

1995  
Mark Montreuil

1978  
Clark Johnson

1976  
John Montelpare  
Bernie Muldoon



**OTTAWA  
ROUGHRIDERS**

1996  
André Bolduc

1995  
Dan Lavallee  
Mike Simoncic

1993  
Fred Marquette

1992  
Ian Ployart

1985  
Nick Benjamin

1976  
Wade Clare



**SASKATCHEWAN  
ROUGHRIDERS**

1991  
Paul Vajda  
Paul Maines

1985  
Roger Mayer

1983  
Greg Thomas

1982  
Gerry Prud'homme

1978  
Mike Hume



**BC LIONS**

2004  
Troy Cunningham





# MAJOR AWARD WINNERS

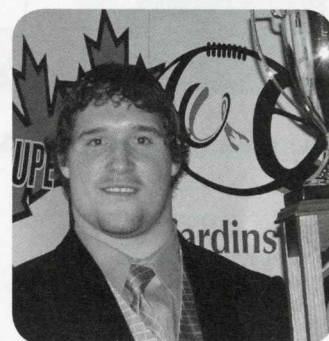
The *President's Trophy* is awarded annually to the CIS Outstanding Defensive Player. Concordia is the only school to have won this trophy three years in a row. Pat Donovan is the second player to win two consecutive trophies since the award was first presented in 1980.



Cory Greenwood  
*President's Trophy* - 2009  
Undergrad Human Environment



Pat Donovan  
*President's Trophy* - 2005 & 2006  
BA Applied Human Sciences

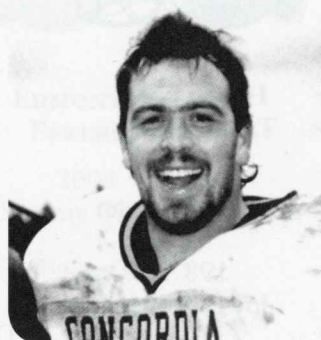


Mickey Donovan  
*President's Trophy* - 2004  
BA Applied Human Sciences

The *J.P. Metras Trophy* is awarded annually to the CIS Outstanding Down Lineman. Concordia is the first school in the Quebec conference to win this award twice.

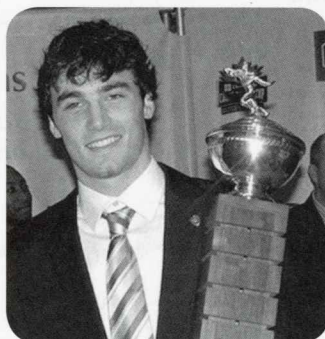


Troy Cunningham  
*Metras Trophy* - 2004  
BA Applied Human Sciences



Paul Chesser  
*Metras Trophy* - 1993  
BA Economics  
Diploma of Sports Administration

The *Peter Gorman Trophy* is awarded annually to the CIS Rookie of the Year. Liam Mahoney is the first Stinger to receive this award.



Liam Mahoney  
*Peter Gorman Trophy* - 2007  
Undergrad Film Studies

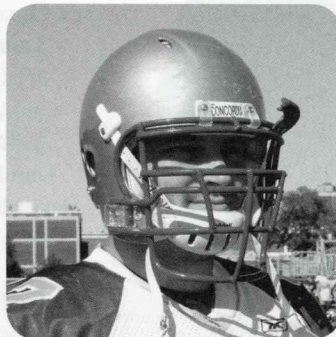
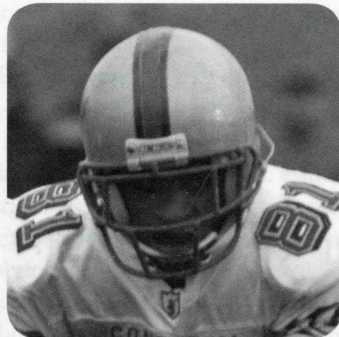
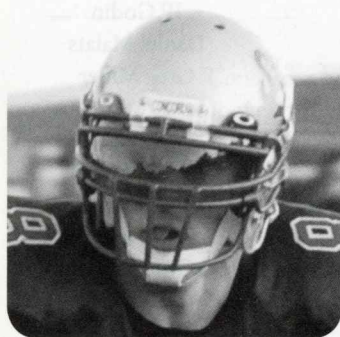




# ALL-CANADIANS



Players are selected to receive this honour by a committee composed of members of the Canadian University Football Coaches' Association (CUFCA).



Cory Greenwood  
2009  
Undergrad Human Environment

Cory Watson  
2009  
Undergrad Arts and Science

Kristian Matte  
2009  
Undergrad Leisure Science

Sammy Okpro  
2007 - 2006 - 2005  
Undergrad Human Relations



Pat Donovan  
2006 - 2005  
BA Applied Human Sciences

Mobido Sidibe  
2006 - 2005  
Undergrad Sociology

Keith Dauper  
2006  
BA Human Relations

- 2005  
Warren Kean  
Scott Syvret  
Mike Renaud
- 2004  
Mickey Donovan  
Troy Cunningham  
Mike Renaud
- 2003  
Jean-Michel Paquette  
Mickey Donovan  
Troy Cunningham
- 2002  
David Aiken

- 2001  
Burke Dales
- 2000  
Steve Jobin  
Loan Duong
- 1999  
Jason Casey
- 1998  
Dwayne Bromfield
- 1997  
Dave Miller Johnston  
Jeff Anderson  
Lenroy Henry

- 1996  
Dominik Goulet
- 1994  
Marc Fortier  
Luc Pelland
- 1993  
Paul Chesser  
Luc Pelland
- 1991  
Jean-François Héroux  
Jacques Moreau

- 1990  
Ron Aboud  
Stéphane Chapados  
Paul Vajda
- 1989  
Ian Ployart  
Bryan Vajda
- 1988  
Mirco Buth  
Richard McCrory  
Paul Vajda
- 1987  
Mike Bertone

- 1986  
Rocco Romano
- 1985  
Greg Miller
- 1984  
Nick Benjamin
- 1983  
Nick Benjamin
- 1982  
Paul Palma
- 1981  
Gerry Prud'homme





# QUEBEC CONFERENCE ALL-STARS

2009 Cory Greenwood Rob Mackay Cory Watson Kristian Matte	2002 Jean-Michel Paquette Darrell Wood Troy Cunningham David Aiken	1997 Dave Miller Johnston Jeff Anderson Loan Duong Lenroy Henry	1991 Jean-François Héroux Fred Marquette Hubert Marsolais Jacques Moreau Gaston Thibodeau	1985 Gino Caracci Joe Fortune JF Godin Daniel Malats Greg Miller
2008 Nicholas Arsenaault-Hum Cory Greenwood	2001 Jean-Michel Paquette Brad Remus Adam Heming Alex Oliveira David Aiken Burke Dales	1996 Jeff Anderson Dominik Goulet Dave Miller Johnston	1990 Ron Aboud Stephane Chapados John Dilegge Jean-François Joyal Jacques Moreau Gaston Thibodeau Paul Vajda	1984 Nick Benjamin Lance Harry Roger Mayer Greg Miller
2007 Sammy Okpro Keith Dauper Rene Paredes Cory Greenwood	2000 Loan Duong Wayne Dunn Burke Dales Steve Jobin David Laliberté	1995 André Bolduc Dimitrios Manolopoulos Johnny Petrella	1989 Jean-François Héroux Ian Ployart Bryan Vajda	1983 Nick Benjamin Albert Calaguairo JF Godin Lance Harry Frank Montelpare Ross Reeves
2006 Keith Dauper Warren Kean Mike Renaud Mark Kang Sammy Okpro Pat Donovan Mobido Sidibe Sylvester Sarfo	1999 Sean Gordon Wayne Dunn Jason Casey Steve Jobin Burke Dales Matt Orlando Scott Ashworth Matt Trudeau Terrance Alphonso	1994 André Bolduc Marc Fortier Dan Lavallee Dimitrios Manolopoulos Luc Pelland	1988 Ron Aboud Mirco Buth Stephane Chapados Martin Ferdaïs Richard McCrory Paul Vajda Pat Yohsy	1982 Phil MacAuley Tony Marrone Frank Montelpare Paul Palma Ross Reeves Mark Vendramin
2005 Scott Syvret Dan Mott Keith Dauper Warren Kean Mike Renaud Patrick Donovan Sammy Okpro Mobido Sidibe	1998 Dave Miller Johnston Sean Gordon Dwayne Bromfield Greg Casey	1993 Paul Chesser Marc Fortier Fred Marquette Mike Noble Luc Pelland	1987 Mike Bertone	1981 Colin Anderson Mike Heathfield Paul Palma Dan Pavlicik Ron Pierce Gerry Prud'homme Ross Reeves Rick Sabourin
2004 Mickey Donovan Troy Cunningham Mike Renaud Warren Kean Mobido Sidibe Kerry Clahane	1992 Paul Geary Dimitrios Manolopoulos Giovanni Petrella Gaston Thibodeau	1986 Mirco Buth Joe Fortune Rocco Romano	1980 John Outrigde David Pavlicik Gerry Prud'homme	1979 Phil Roberts Bruce Wilkins
2003 Jean-Michel Paquette Mickey Donovan Troy Cunningham Shawn Cummins Brad Remus Antony Jean Chris Jewell			1977 Mike Hume	1975 John Montlepare Bernie Muldoon





# HIGH SCHOOL ALL-STARS ARE CHOOSING CONCORDIA



*"Concordia has great coaches like Gerry McGrath. He's had a lot of experience coaching offense and he's really sincere. I also like the program, I like the intensity that the program has and I didn't see the same intensity at other schools. I think that in Quebec, football is taken more seriously. Plus the program is affiliated with the CFL so there is pro potential when you come to a school like Concordia."*

#10 Tyler Pritty  
QB  
Markham District High School  
Markham, Ont.

*"I felt that Montreal was a good place to raise a family and Concordia is very strong in school tradition. My coach Jason Casey played out here and he said that Concordia had one of the best programs in Canada."*

#34 Paul Spencer  
S  
Kelowna, B.C.  
Okanagan Sun (CJFL)

*"I came to Concordia because they have a great Journalism Program and that's what I'm looking to do in the future. They also have one of the best football coaching staffs. I was coached by Jason Casey who is a former Concordia Stinger and he told me this was the best school for me."*

#22 Max Caron  
LB  
Kingston, Ont.  
Okanagan Sun (CJFL)

Tyler Pritty # 10  
Markham, Ont.





# 2009 SEASON REVIEW

## GAME RESULTS - REGULAR SEASON

Date	Opponent	Score	Conference	Attendance
			Record	
Sept. 6	at Laval	0-51 L	0-1-0	15607
Sept 13	MONTREAL	18-41 L	0-2-0	3481
Sept 19	at Sherbrooke	14-24 L	0-3-0	6711
Sept 26	ST. FX	17-19 L	0-4-0	2101
Oct 3	SHERBROOKE	W 34-22	1-4-0	1414
Oct 17	at Acadia	W 39-5	2-4-0	1758
Oct 24	MCGILL	W 30-25	3-4-0	1217
Oct 31	at Bishop's	38-40 L	3-5-0	1973

The 2009 season was impressive not because of the final scores, but the number of records broken along the way to the playoffs.

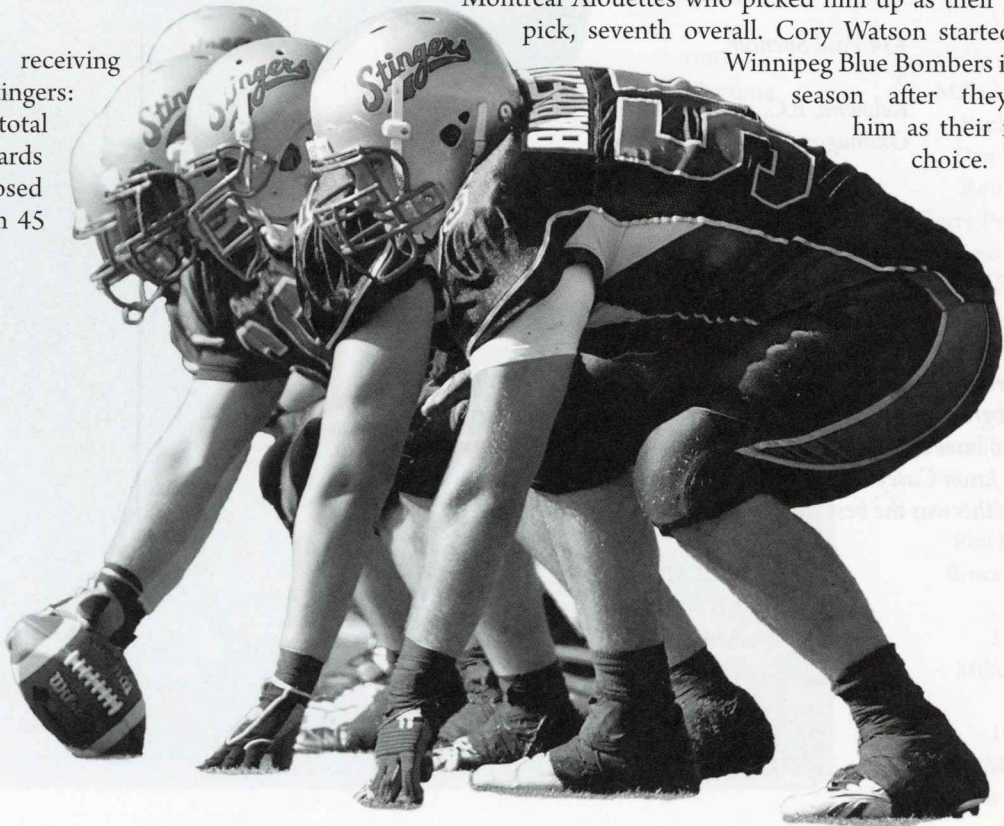
The season didn't open strongly for the Stingers, losing their first four games, but despite a few setbacks such as season ending injuries and replacing seven graduated players, the on-field statistics told a much brighter story.

Rob Mackay made an impression when he returned at quarterback after two years on the sidelines with injuries. With 2739 yards passed for the season, Mackay broke the QUFL passing record and owns all Concordia passing records, including most touchdowns in a season with 18, and the single game passing record with 494 yards.

Concordia's single-season receiving record was broken by two Stingers: slotback Cory Watson with a total of 52 receptions for 821 yards and Liam Mahoney who closed his first season at receiver with 45 receptions for 619 yards.

We also celebrated Concordia's fourth President's trophy with middle linebacker Cory Greenwood who was also named CIS first team all-Canadian. Teammates Cory Watson and Kristian Matte were also honored as CIS second team all-Canadian. All three were joined by Rob Mackay as QUFL all-stars.

The biggest news was at the CFL Draft when '09 Stingers Cory Greenwood, Kristian Matte, and Cory Watson were all selected as draft picks. Greenwood was picked third overall as the Toronto Argonauts' first choice but the linebacker chose to sign with the NFL's Kansas City Chiefs making him the seventh Stinger to sign in the NFL. Offensive lineman Kristian Matte signed with the Houston Texans as a free agent but is now on the roster with the Montreal Alouettes who picked him up as their first round pick, seventh overall. Cory Watson started with the Winnipeg Blue Bombers in the 2010 season after they grabbed him as their first round choice.





**TOP PASSING LEADERS**

	GP	Effic	Cmp-Att-Int	Pct	Yds	TD	Lng	Avg/G
Robert Mackay	8	141.61	201-328-13	61.3	2739	18	82	342.4
T. Morsink	8	184.27	2-3-0	66.7	42	0	32	5.2
Team Total	8	140.57	203-331-13	61.3	2725	18	82	340.6
Team Opponents	8	125.62	169-277-6	61.0	1802	12	52	225.2

**TOP 5 SCORING LEADERS**

	TD	FGs	Kick	Rush	Rcv	Pass	DXP	Saf	Rg	Points
Rene Parades	0	11-18	20-21	0-0	0	0-0	0	0	1	54
Cory Watson	6	0-0	0-0	0-0	0	0-0	0	0	0	36
Liam Mahoney	4	0-0	0-0	0-0	0	0-0	0	0	0	24
Ely Aramouni	4	0-0	0-0	0-0	0	0-0	0	0	0	24
C. Ferdinand	2	0-0	0-0	0-0	0	0-0	0	0	0	12
Team Total	21	11-18	20-21	0-0	0	0-0	0	4	3	190
Team Opponents	23	17-23	22-23	0-0	0	0-0	0	5	6	227

**TOP 5 RECEIVING LEADERS**

	GP	No.	Yds	Avg	TD	Long	Avg/G
Cory Watson	8	52	821	15.8	6	65	102.6
Liam Mahoney	7	45	619	13.8	4	82	88.4
Dan Rodrigues	8	29	388	13.4	2	42	48.5
Arian Francois	7	16	221	13.8	0	39	31.6
Corey Greenaway	8	16	175	10.9	0	24	21.9
Team Total	8	203	2781	13.7	18	82	347.6
Team Opponents	8	169	1838	10.9	12	52	229.8

**TOP 5 RUSHING LEADERS**

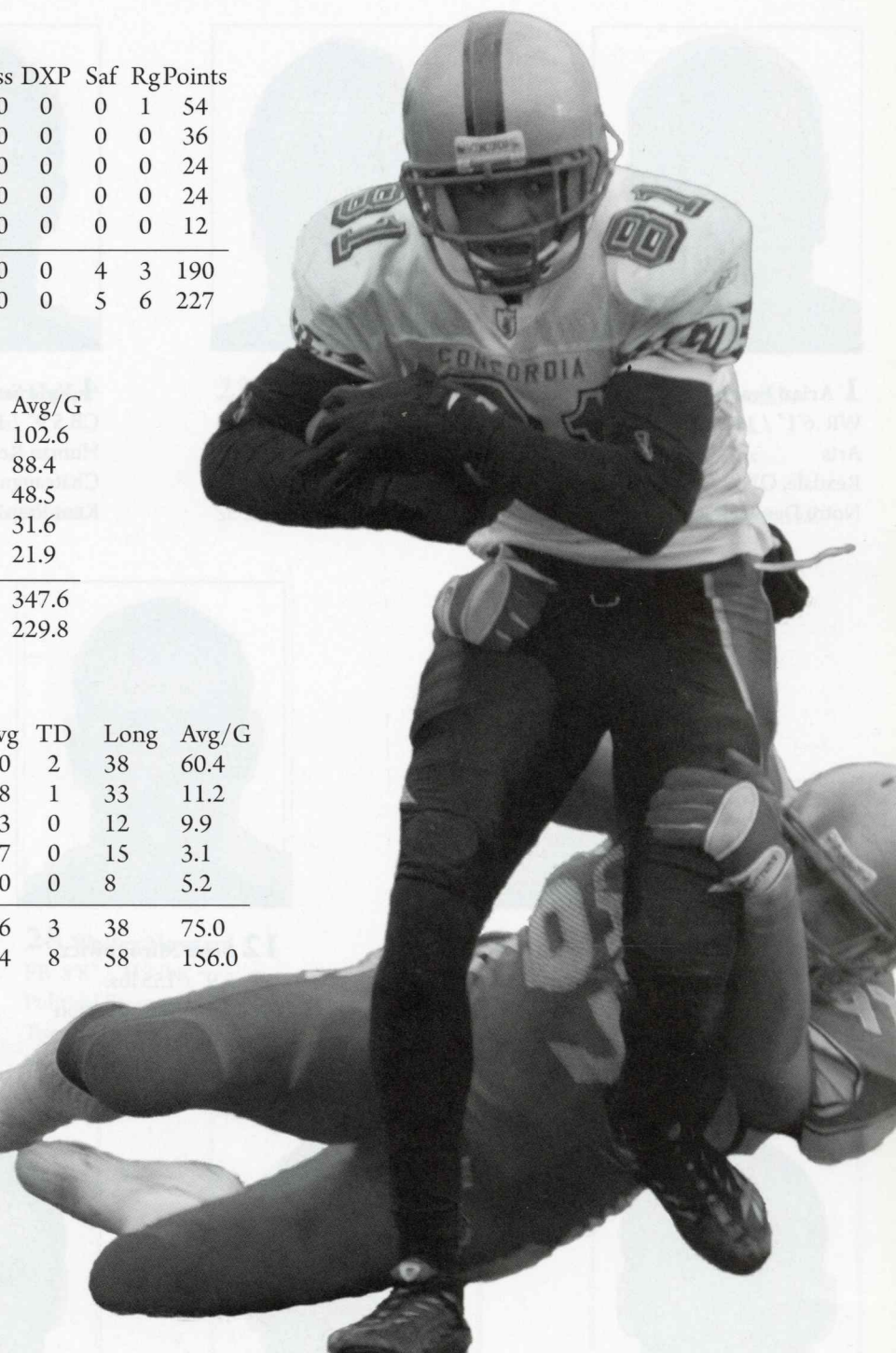
	GP	Att	Gain	Loss	Net	Avg	TD	Long	Avg/G
C. Ferdinand	8	80	517	34	483	6.0	2	38	60.4
Robert Mackay	8	24	119	29	90	3.8	1	33	11.2
Liam Mahoney	7	21	77	8	69	3.3	0	12	9.9
Blair Yachetti	7	6	24	2	22	3.7	0	15	3.1
Edem Nyamadi	4	7	22	1	21	3.0	0	8	5.2
Team Total	8	168	779	179	600	3.6	3	38	75.0
Team Opponents	8	230	1392	144	1248	5.4	8	58	156.0

**TOP 5 DEFENSIVE LEADERS**

	GP	-----Tackles-----		
		Solo	Ast	Total
8 Cory Greenwood	8	52	20	62.0
4 Kyle Smith	8	35	6	38.0
6 Christ. Walcott	8	31	9	35.5
31 Nathan Taylor	8	31	8	35.0
11 Jahmall Rickman	8	26	10	31.0
Team Total	8	358	124	420.0
Team Opponents	8	331	128	395.0

**TOP 5 OFFENSIVE LEADERS**

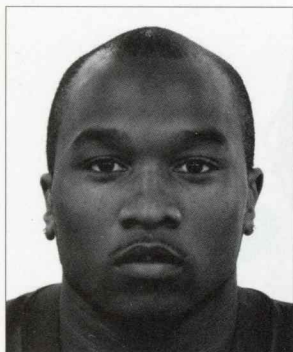
	GP	Plays	Rush	Pass	Total	Avg/G
Robert Mackay	8	352	90	2739	2829	353.6
C. Ferdinand	8	80	483	0	483	60.4
Liam Mahoney	7	21	69	0	69	9.9
T. Morsink	8	3	0	42	42	5.2
Blair Yachetti	7	6	22	0	22	3.1
Team Total	8	499	600	2725	3325	415.6
Team Opponents	8	507	1248	1802	3050	381.2



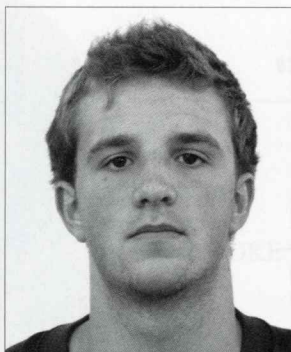




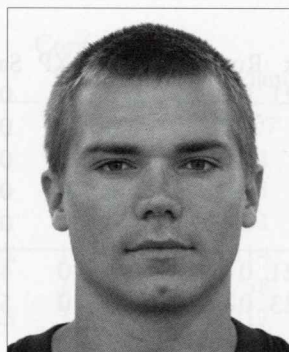
# 2010 CONCORDIA STINGERS RETURNING PLAYERS



**1 Arian Francois**  
WR 6'1" / 192 lbs.  
Arts  
Rexdale, ON  
Notre Dame HS



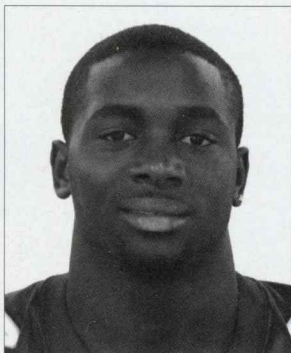
**3 Terrance Morsink**  
QB 6'3" / 185 lbs.  
Marketing  
Pierrefonds, QC  
John Abbott College



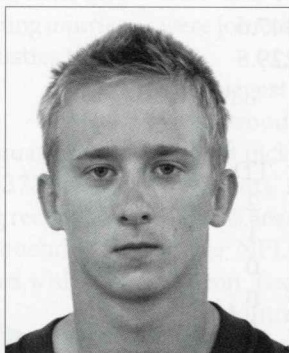
**4 Kyle Smith**  
CB 5'9" / 180 lbs.  
Human Relations  
Châteauguay, QC  
Kent Prep School



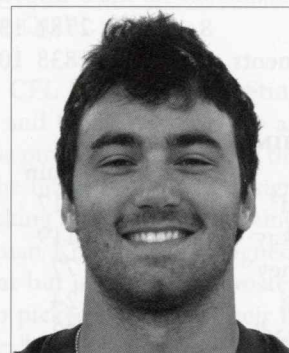
**5 Michael Donnelly**  
RB 5'10" / 210 lbs.  
History  
Ottawa, ON  
University of Ottawa



**6 Christian Walcott**  
HB 5'10" / 194 lbs.  
International Business  
Markham, ON  
Birchmont Park CI



**12 Scott Mironowicz**  
WR 5'9" / 155 lbs.  
Business Administration  
Kirkland, QC  
John Abbott College



**14 Liam Mahoney**  
SB 6'1" / 207 lbs.  
Film Studies  
Lachine, QC  
Vanier College



**15 Rene Paredes**  
K/P 5'11" / 191 lbs.  
Leisure Sciences  
Pierrefonds, QC  
John Abbott College



**16 Eli Aramouni**  
SB 6'2" / 205 lbs.  
Human Relations  
Ottawa, ON  
Ottawa (QJFL)



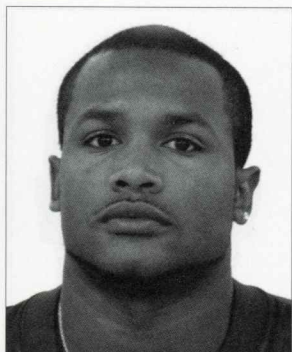
**17 Robert Mackay**  
QB 6'2" / 217 lbs.  
Human Relations  
Port Dover, ON  
St. Andrew's College



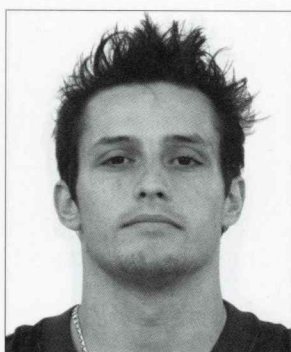
**18 Nicholas  
Arsenaault-Hum**  
S 6'0" / 191 lbs.  
Mechanical Engineering  
Ste. Catherine, QC  
CEGEP Vieux Montréal



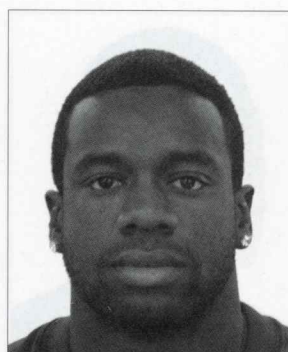
# 2010 CONCORDIA STINGERS RETURNING PLAYERS



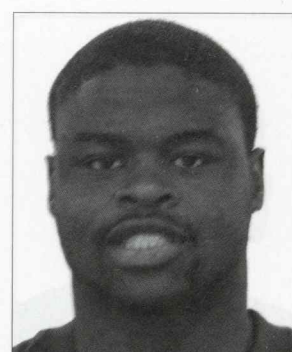
**20 Edem Nyamadi**  
RB 5'9" / 196 lbs.  
Arts and Science  
Montreal, QC  
Bridgton Academy



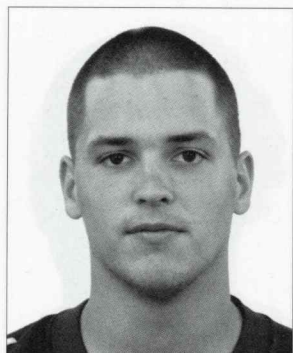
**21 Sébastien Deschamps**  
HB 5'11" / 190 lbs.  
Economics  
Ste. Julie, QC  
Collège Édouard-Monpetit



**23 Kris Robertson**  
CB 5'8" / 176 lbs.  
Anthropology  
Pickering, ON  
St. Mary's Catholic SS



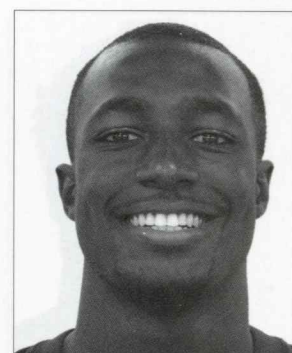
**24 Gracia Mwembo**  
LB 5'7" / 199 lbs.  
Human Relations  
Montreal, QC  
CEGEP Vieux Montréal



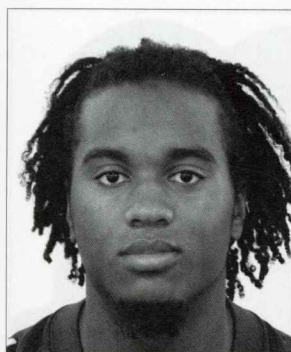
**26 Alex Manseau**  
HB 5'11" / 182 lbs.  
Translation  
Drummondville, QC  
CEGEP de Victoriaville



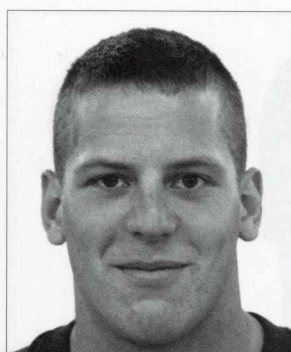
**28 Wesley Maynard**  
FB 5'8" / 213 lbs.  
Political Science  
Toronto, ON  
St. Michael's College



**30 Kevin Prempeh**  
CB 6'3" / 190 lbs.  
Political Science  
Scarborough, ON  
Senator O'Connor HS



**31 Nathan Taylor**  
CB 5'8" / 186 lbs.  
Human Environment  
LaSalle, QC  
Vanier College



**36 Michael Whiton**  
DE 6'1" / 217 lbs.  
Sociology  
Simcoe, ON  
Simcoe Composite HS



**37 Darren Edwards**  
HB 6'0" / 195 lbs.  
Exercise Science  
Hamilton, ON  
St. Thomas More SS



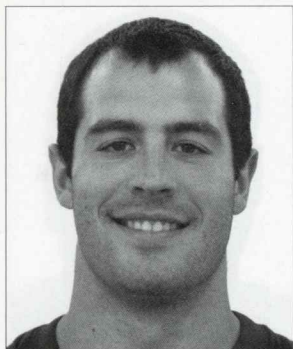
**39 Dumitru Ionita**  
K/P 6'2" / 208 lbs.  
Urban Studies  
Woodstock, ON  
St. Mary's Catholic HS



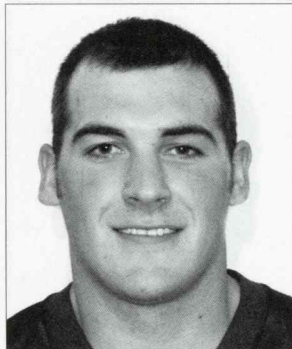


# 2010 CONCORDIA STINGERS

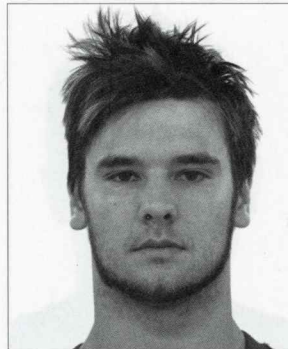
## RETURNING PLAYERS



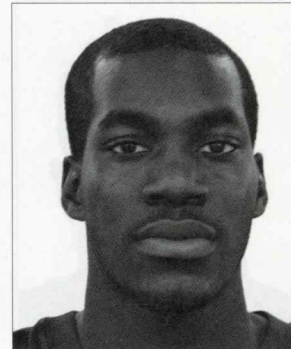
**40 Nicola Tomassini**  
LB 5'11" / 206 lbs.  
Film Production  
Montreal, QC  
CEGEP Vieux Montréal



**41 Bryan Charleau**  
LB 6'2" / 215 lbs.  
Arts  
Simcoe, ON  
Simcoe Composite HS



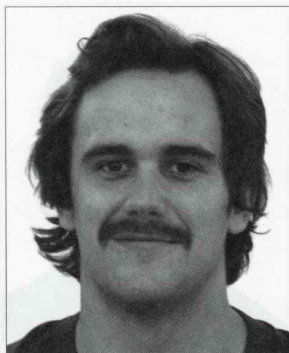
**42 Alexandre Lemire**  
LB 6'1" / 215 lbs.  
Civil Engineering  
Otterburn Park, QC  
Collège Édouard-Montpetit



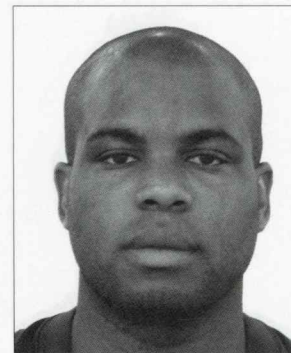
**43 David Deku**  
DE 6'3" / 214 lbs.  
History  
Brossard, QC  
Champlain-St. Lambert



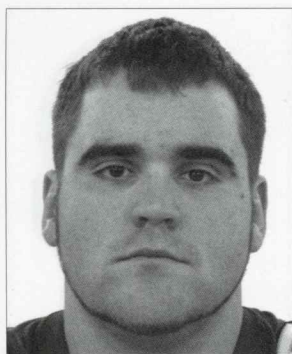
**44 Marc-André Lewis**  
LB 6'0" / 207 lbs.  
Finance  
Ste. Basile-le-Grand, QC  
Collège Édouard-Monpetit



**51 Joel Belerique**  
OT 6'3" / 258 lbs.  
Anthropology  
Holland Landing, ON  
Huron Heights HS



**54 Kamil Thompson-Hutchinson**  
DE 6'0" / 230 lbs.  
Leisure Sciences  
Montreal, QC  
John Abbott College



**55 Anthony Barrette**  
OT 6'5" / 320 lbs.  
History  
Verdun, QC  
Vanier College



**58 Dan Lavinkas**  
OG 6'2" / 291 lbs.  
Management  
Montreal, QC  
Champlain College



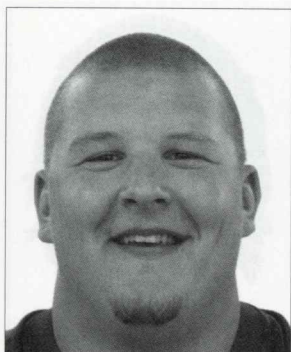
**59 Isaac Throop**  
OT 6'5" / 240 lbs.  
History  
Kingston, ON  
Lasalle SS



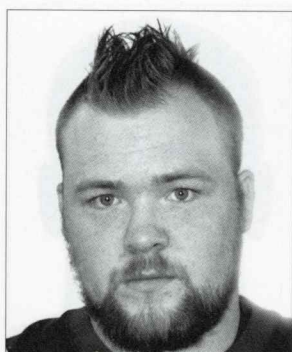
**61 Jason Layden**  
OG 6'1" / 282 lbs.  
Marketing  
Hamilton, ON  
St. Thomas More SS



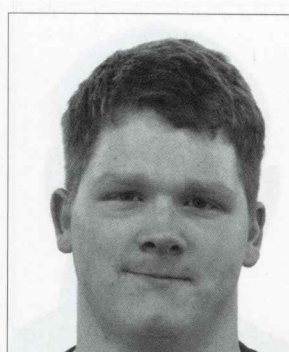
# 2010 CONCORDIA STINGERS RETURNING PLAYERS



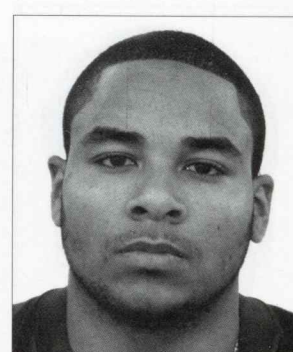
**64 Corey Newman**  
C 6'2" / 307 lbs.  
Applied Human Science  
Châteauguay, QC  
Loomis Chaffee Prep



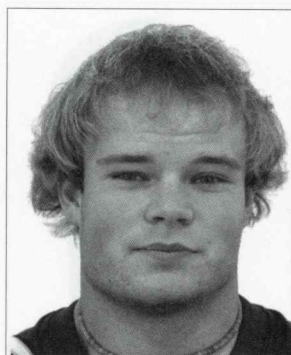
**66 Daryl Rankin**  
DT 6'0" / 288 lbs.  
History  
Verdun, QC  
Vanier College



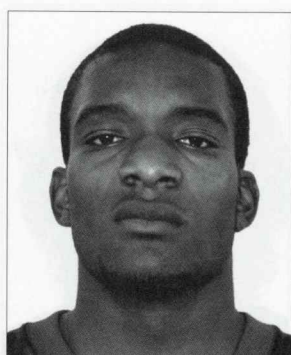
**68 Christopher Nagy**  
OG 6'3" / 283 lbs.  
Physics  
Markham, ON  
Markham District HS



**72 Maurice Forbes**  
DT 6'3" / 300 lbs.  
Human Relations  
Toronto, ON  
Mississauga (OVFL)



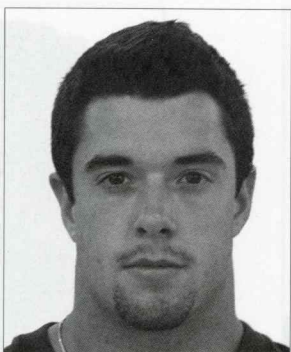
**85 Shaymus McFadden**  
SB 5'11" / 186 lbs.  
Finance  
Ottawa, ON  
Ottawa (QJFL)



**87 Sanchez Deschamps**  
WR 6'1" / 195 lbs.  
Human Environment  
Mississauga, ON  
Vanier College



**88 Dan Rodrigues**  
WR 5'10" / 162 lbs.  
Journalism  
Oakville, ON  
Loyola SS



**91 Zander Borsiczky**  
DE 6'2" / 210 lbs.  
Political Science  
Stowe, VT  
Holderness School



**92 Matthew Horne**  
DE 6'4" / 218 lbs.  
Exercise Science  
Vaudreuil-Dorion, QC  
John Abbott College



**99 Alexandre Turp**  
DT 6'4" / 320 lbs.  
Journalism  
Montreal, QC  
CEGEP Vieux Montréal



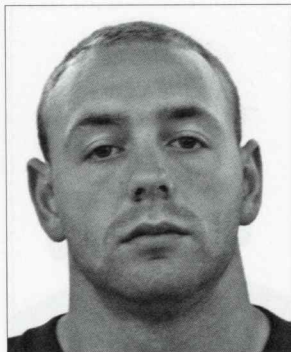


# 2010 CONCORDIA STINGERS

## FRESHMEN



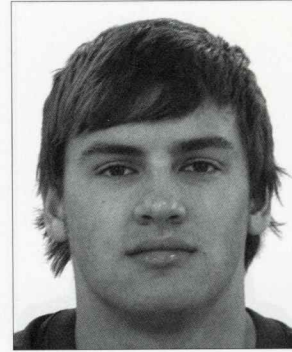
**2 Raul Thompson**  
RB 5'10" / 184 lbs.  
Sociology  
Mississauga, ON  
Our Lady of Mount Carmel SS



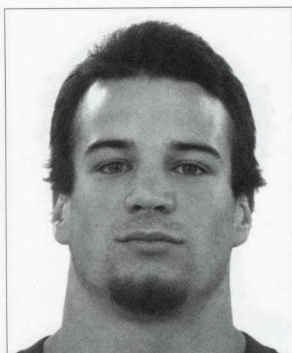
**7 Michael Harrington**  
SB 5'11" / 200 lbs.  
Arts  
LaSalle, QC  
Vanier College



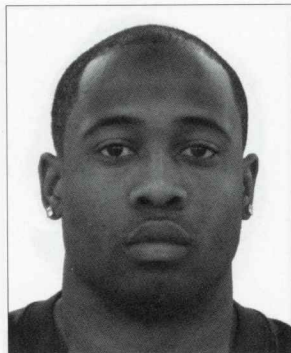
**8 Kristopher Bastien**  
SB 6'3" / 197 lbs.  
Leisure Sciences  
St. Lambert, QC  
Champlain-St. Lambert



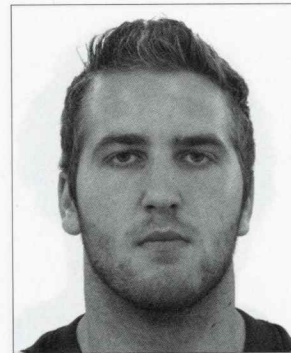
**10 Tyler Pritty**  
QB 6'1" / 184 lbs.  
Human Relations  
Markham, ON  
Markham District HS



**11 Paul Spencer**  
S 5'11" / 193 lbs.  
Arts and Science  
Kelowna, BC  
Okanagan Sun (CJFL)



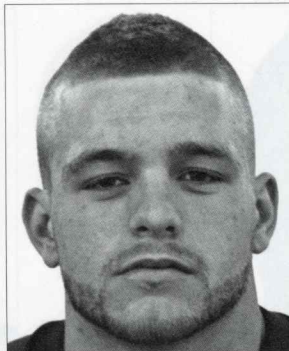
**13 Travis Bent**  
LB 6'0" / 210 lbs.  
Anthropology  
Ajax, ON  
Pickering HS



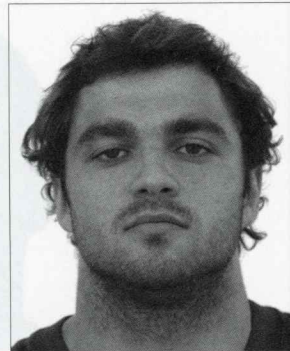
**19 Shawn Barriault**  
LB 5'11" / 219 lbs.  
Exercise Science  
Ajax, ON  
Notre Dame HS



**22 Maxwell Caron**  
LB 6'1" / 207 lbs.  
Arts and Science  
Kingston, ON  
Okanagan Sun (CJFL)



**25 Justin Jolin**  
RB 6'0" / 215 lbs.  
History  
Montreal, QC  
Canmore High School



**27 Felix Potvin**  
RB 5'10" / 205 lbs.  
Psychology  
Sutton, QC  
University of Ottawa

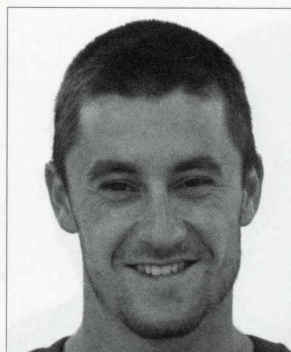


**29 Joseph Fulginiti**  
HB/K 5'7" / 172 lbs.  
Finance  
Ile Bizard, QC  
Wyoming Seminary

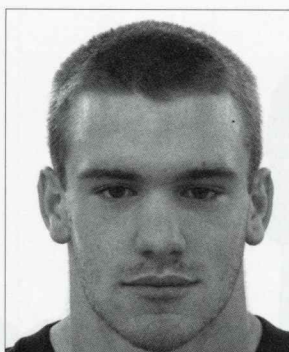


# 2010 CONCORDIA STINGERS

## FRESHMEN



**32 Pierre-Olivier Breault**  
CB 5'9" / 155 lbs.  
History  
Longueuil, QC  
Collège Montmorency



**33 Taylor Cook**  
LB 6'0" / 208 lbs.  
Finance  
Kitchner, ON  
Cameron Heights HS



**35 Peter Daniel Sourtzis**  
RB 5'8" / 176 lbs.  
Economics  
Mississauga, ON  
St. Marcellinus SS



**38 Brendan Urness**  
RB/LS 5'8" / 231 lbs.  
Arts  
Grande Prairie, AB  
Okanagan Sun (CJFL)



**50 Phillippe Patenaude Lavallée**  
LB 6'1" / 217 lbs.  
International Business  
Guelph, ON  
John Abbott College



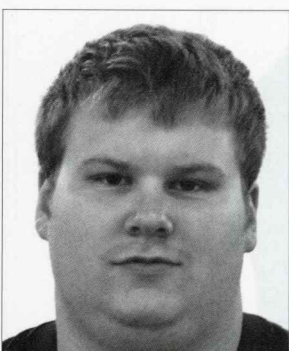
**52 Mitchell Thompson**  
OT 6'4" / 303 lbs.  
Marketing  
Thunder Bay, ON  
Sir Winston Churchill HS



**53 Andrew Campbell**  
DE 6'3" / 240 lbs.  
Urban Studies  
Ajax, ON  
Notre Dame Catholic SS



**56 Andrew Barlett**  
LB 6'3" / 197 lbs.  
Human Relations  
Burlington, ON  
Notre Dame Catholic SS



**57 Matthew Kuhnen**  
OG 6'0" / 282 lbs.  
Sociology  
Lacombe, AB  
Calgary Colts (CJFL)



**60 Matthew Giammichele**  
OG 6'4" / 303 lbs.  
Human Environment  
Hamilton, ON  
St. Thomas More SS



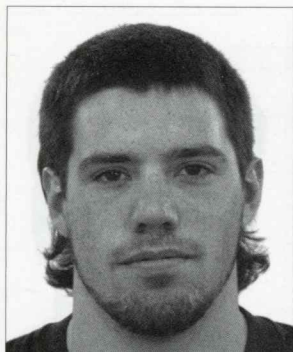
**62 Bill Geiling**  
OT 6'4" / 333 lbs.  
Urban Studies  
Sault Ste. Marie, ON  
Sir James Dunn HS





# 2010 CONCORDIA STINGERS

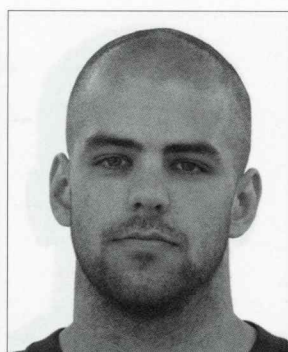
## FRESHMEN



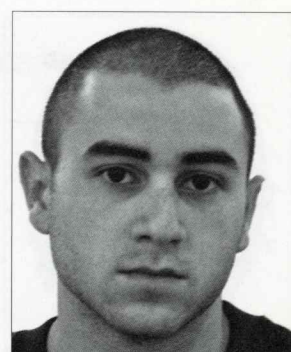
**77 Kyle Black**  
DT 6'2" / 238 lbs.  
Child Studies  
Montreal, QC  
Hebron Academy



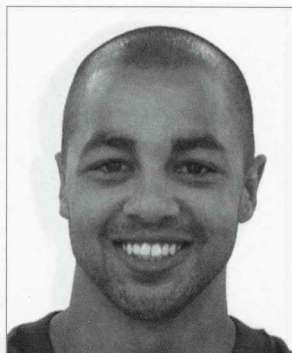
**80 Jesse McPhail**  
SB 6'1" / 191 lbs.  
Urban Studies  
St. Andrew's West, ON  
Wildcats (OVFL)



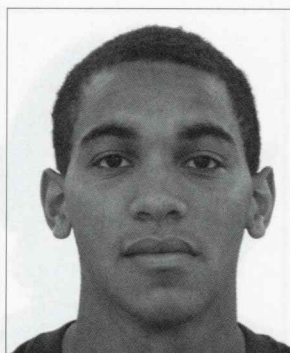
**82 David Lessard**  
SB 6'2" / 206 lbs.  
Biology  
Cowansville, QC  
CEGEP Victoriaville



**83 Ryan Lelinowski**  
SB 5'7" / 165 lbs.  
Judaic Studies  
Montreal, QC  
Vanier College



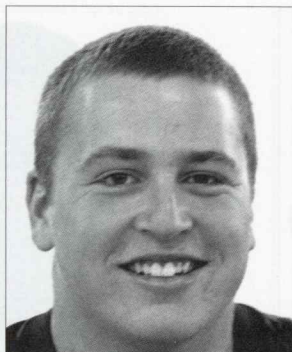
**84 Jeremy Levy**  
SB 5'6" / 157 lbs.  
Applied Human Science  
Vancouver, BC  
Simon Fraser University



**86 Alessandro Ciampaglia**  
WR 6'4" / 207 lbs.  
Urban Studies  
Cornwall, ON  
Cornwall Collegiate & Vocational



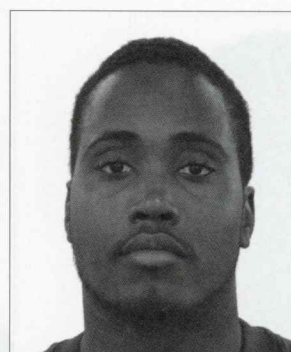
**89 Ryan Brewster**  
SB 6'2" / 212 lbs.  
Arts  
Brampton, ON  
Châteauguay (QJFL)



**90 Quinn Smith**  
DE 6'1" / 289 lbs.  
Leisure Sciences  
Scarborough, ON  
Birchmont Park CI



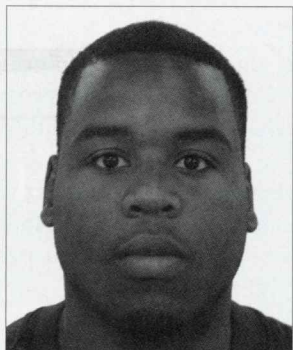
**93 Louis Taillon**  
DE 6'2" / 225 lbs.  
Religion  
Quebec City, QC  
Collège F-X Garneau



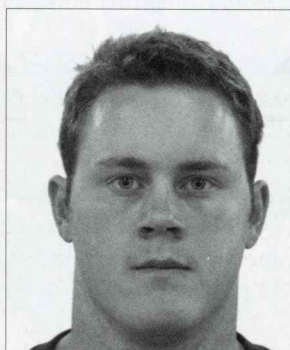
**94 Emmanuel Cazeau-Wagnac**  
LB 5'11" / 200 lbs.  
English Literature  
Montreal, QC  
Collège Édouard-Montpetit



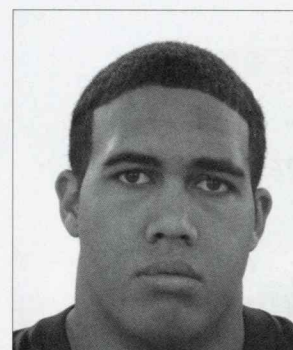
# 2010 CONCORDIA STINGERS FRESHMEN



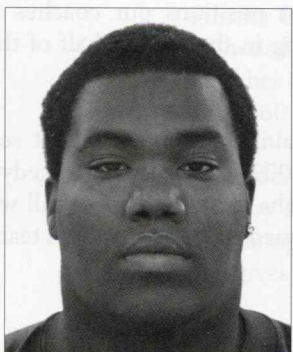
**95 Donny Cave**  
LB 6'1" / 220 lbs.  
Human Relations  
Ottawa, ON  
Ottawa-Myers (QJFL)



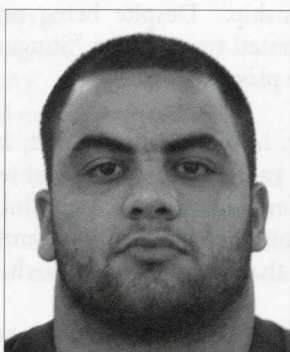
**96 Matthew Meyer**  
DE 6'2" / 223 lbs.  
Sociology  
Calgary, AB  
Calgary Colts (CJFL)



**97 Shaquille Armstrong**  
DT 6'2" / 285 lbs  
Leisure Sciences  
Winnipeg, MB  
Winnipeg Rifles (CJFL)



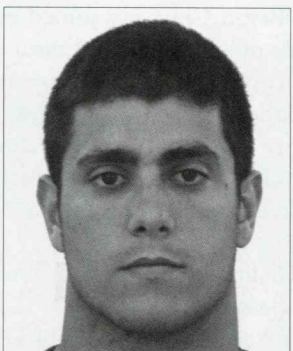
**98 Karl Poyau**  
DT 6'2" / 294 lbs.  
Political Science  
St. Eustache, QC  
Vanier College



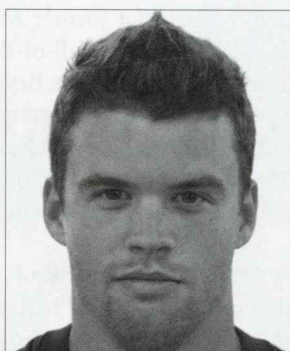
**Rany Al-Zawahra**  
DT 5'10" / 285 lbs.  
Arts  
Laval, QC  
CEGEP Vieux Montréal



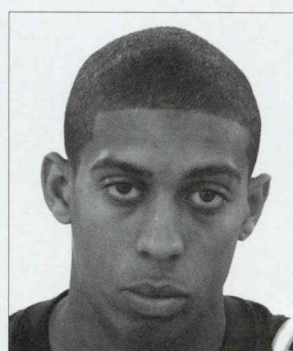
**Hrag Kechichian**  
LB 5'9" / 210 lbs.  
Human Relations  
Beirut, Lebanon  
Collège Montmorency



**Eric Noivo**  
DE 6'1" / 198 lbs.  
Psychology  
Kirkland, QC  
John Abbott College



**Robert Payne**  
DB 5'9" / 180 lbs.  
Arts  
Candiac, QC  
University of Ottawa



**Andre Rose**  
CB 6'1" / 189 lbs.  
Sociology  
Toronto, ON  
Thistletown CI





# COACH'S ZONE

Greetings from Concordia Football.

On behalf of my staff and players I would like to take this opportunity to bring you up to date on some of the outstanding achievements of the Concordia Football program and the student-athletes that continue to set the standard for what it means to be a Stinger.

Our program has celebrated many outstanding achievements over the past six years. During this span we have amassed 10 all-Canadians and six major awards including four President's trophies, one Metras trophy, and one Peter Gorman trophy. During this same period we have also seen 11 players sign CFL contracts and three sign NFL contracts.

The Concordia Football Program has not missed the playoffs since the transition year of 2000. While competing in the toughest conference in the country, Concordia has played in the league championship in five of the previous nine years.

In 2009 the program staggered but did not fall down. We started the season by losing our first four games. We suffered setbacks in the form of season ending injuries to key personnel. We replaced seven outstanding graduates from the 2008 season that saw us come within seconds of defeating the defending Vanier Cup Champions, the Rouge et Or, in the league championship. Despite being outmanned at most positions our coaches and players demonstrated tremendous "Stinger Pride" by rallying in the second half of the season to make the playoffs.

However, in spite of this effort, last year was certainly the most difficult season in my nineteen years at Concordia. Just weeks before our 2009 training camp, tragedy struck with the sudden passing of our star linebacker, Ricky Zieba. Concordia Football would like to extend our thanks to the Zieba family for their continued support of Ricky's team mates and the team that Ricky loved so much.

Looking to 2010 and beyond, some significant changes has taken place to the Stinger Coaching Staff. Warren Craney has left to take over as Head Coach at York University. I would like to thank Warren for his contribution to Concordia and to wish him the best of luck with his new team. Brad Collinson has also left Concordia to pursue interests outside of the coaching milieu. I would like to thank Brad for his longstanding contribution as a player and coach and I wish him the best of luck with his new endeavours.

I am proud to announce some outstanding additions to the 2010 Stinger Staff. I am honoured to report that former Montreal Alouette, Bryan Chiu, has joined our staff on a full time basis. The future Hall-of-Famer will coach the offensive line and assume the role of assistant offensive coordinator. Bryan will also be the coordinator of the Concordia Football School. I am also proud to announce the signing of Phil Roberts as the defensive consultant and recruiting coordinator. Phil has had a long and very successful coaching career at Vanier College, University of Ottawa, Concordia and The Ottawa Roughriders. He brings with him a tremendous knowledge of defence and is recognized as one of the country's top recruiters.

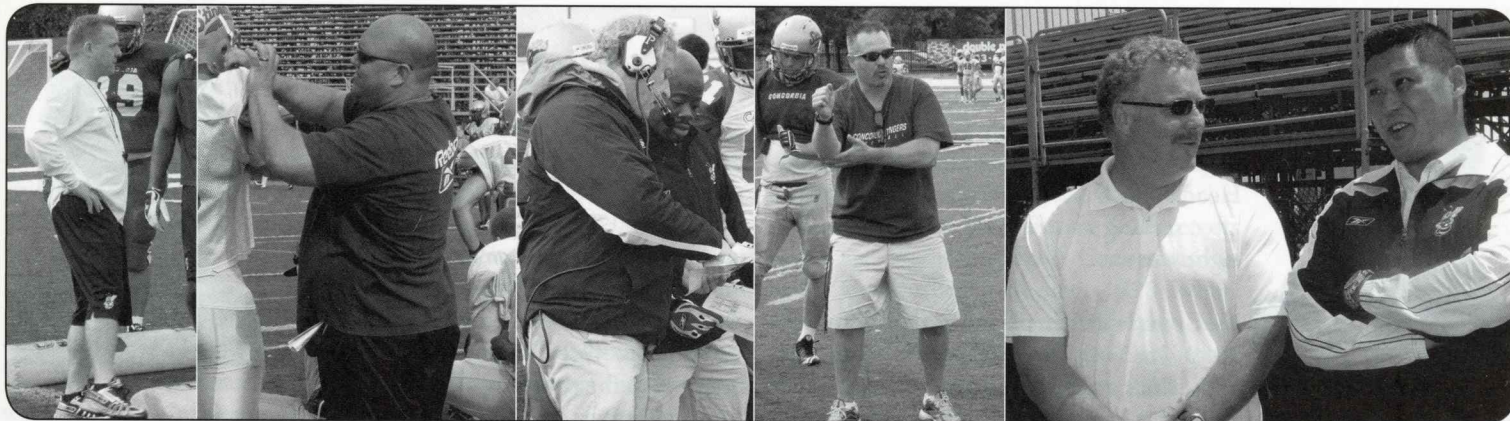
The 2010 Stingers will rebound in true Stinger Tradition and once again be a highly competitive program. We've had a good recruiting class and our coaches and players are anxious to get this season started. I believe university sport is where honour, hard work, team work, discipline, and a passion for pure competition still thrive. I also believe that the Concordia Stingers are great ambassadors for our institution and to the sport of football.

Please come on out and support your Stingers in the 2010 season.

Gerry McGrath  
Head Coach - Stingers Football  
gmac@alcor.concordia.ca



# STINGERS COACHING STAFF



The Concordia Stingers coaching staff consists of:

- New and veteran coaches
- Former CFL and NCAA players
- Concordia University graduates
- Coaches from the community
- Over 160 years of combined experience

Stingers coaches attend football camps hosted by both CFL and NFL teams. For several years running, Head Coach Gerry McGrath attended the CFL's Saskatchewan Roughriders training camp as a guest coach. These training camps allow our coaches to exchange valuable information about new coaching techniques and gives them experience in coaching at a professional level.

The Stingers coaching staff encourage their players to succeed on the field and in the classroom. They are also proud of the many Stingers who have gone on to play professional football in the CFL and NFL.







# STINGERS COACHING STAFF

**GERY MCGRATH**  
HEAD COACH /  
OFFENSIVE COORDINATOR



Gerry McGrath begins his 11th year as Head Coach of the Concordia Stingers after serving as offensive co-ordinator for eight seasons.

McGrath, a kicker, played in the CFL from 1980-'86 with the Montreal Alouettes and Concordes, Toronto, Ottawa and

Saskatchewan. The Montreal native proved to be an ardent student of the game and has kept in-depth notes and files on football strategies for 20 years. He is regarded as an offensive genius, especially when it comes to the passing game. His innovations as a coach at the Quebec junior and semi-professional levels have heavily influenced the game in the province of Quebec. He is very adept at developing a pro style offence and preparing receivers to play at the professional level.

Receivers who went on to the CFL include Sylvain Girard, Denis Montana, André Bolduc and most recently Cory Watson. Girard and Montana attended NFL camps before signing in the CFL. Currently two of McGrath's kickers/punters are in the CFL - Burke Dales in Calgary and Mike Renaud in Winnipeg.

**BRYAN CHIU**  
ASSISTANT OFFENSIVE COORDINATOR



Bryan Chiu makes his coaching debut with Concordia this season after retiring from the Montreal Alouettes where he played for 13 years. He is also the new Director of the Stingers Football School.

The highly respected centre was a nine-time CFL all-star and named the CFL's

Most Outstanding Lineman in the Eastern Division in 2002. In 2001 and 2002 Chiu was named the Alouette's most Outstanding Linesman. He was a member of Grey Cup Champion teams in 2002 and 2009 and holds the record for most games played in the regular season with 218.

Originally from Vancouver, Chiu attended University of the Pacific and Washington State University where he was an academic all-American and on the President's honour roll.

Chiu hold a BA Social Studies, major in Sports Management from Washington State University.

**PETE REGIMBALD**  
SPECIAL TEAMS CO-ORDINATOR



One of the most respected football-men in Quebec, Pete Regimbald has coached with Vanier College, Loyola College and Concordia University. He coached at the junior level for four years before beginning his university coaching career at Loyola College in 1970 where he helped lead the Warriors to three league titles. A senior member of the coaching staff, this native of Montreal enters his 36th season with the Stingers.

A former wide receiver with the Montreal Alouettes (1965), Regimbald played college football at St. Francis Xavier University. In 1996 he was presented with the Gino Fracas Award which is given to the CIS Volunteer Coach of the Year. Regimbald was also the special teams coach for Team Canada and helped coach them to two gold medals at the NFL Global Junior Championships: 2005 in Jacksonville and 2006 in Detroit.

**PHIL ROBERTS**  
DEFENSIVE COORDINATOR



Phil Roberts has been devoted to university football since his playing days at McGill and Concordia where he was an all-star linebacker in the late 70s. Most recently he was the assistant head coach, and special teams and recruiting co-ordinator at University of Ottawa.

Roberts has worked with the Hamilton Tiger Cats and the Ottawa Renegades in the CFL. At the amateur level, he has coached at Carleton University and Vanier College where he was head coach of three championship teams, and at Colonel By Secondary School in Ottawa. With Concordia, he served as defensive co-ordinator and linebacker coach from 2000 to 2002 and was on the Stingers' staff from 1984 to 1986.

A long-time educator, Roberts retired this summer from Colonel By SS where he was a guidance counsellor since 1992.



# STINGERS COACHING STAFF



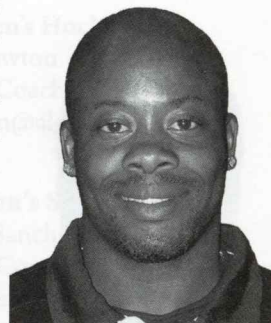
**SEAN HOAS**  
QUARTERBACKS

Before Sean Hoas began his coaching career, he played for the Concordia Stingers and brought us to the Vanier cup in 1998. From 2000 to 2007 he was offensive co-ordinator/quarterback coach for the Châteauguay junior Raiders. In 2002 Hoas also ran the offensive line and quarterbacks for the Hohenems Blue

Devils of the Austrian Senior League. This marks his third season with the Stingers as quarterback coach.

Hoas holds a BA in Applied Human Sciences from Concordia University.

**DAVE SPENCE**  
RECEIVERS



Dave Spence grew up in the North Shore football system playing for the midget Mustangs and the junior Broncos. A standout wide receiver and return specialist, Spence played three seasons with Concordia, including 1998 when the Stingers won the Atlantic Bowl and participated in the Vanier Cup. Previous to Concordia, he played at Vanier College and Idaho State, a NCAA division-one team. In 2007 Spence returned to Concordia as part of the Stingers coaching staff.

Spence holds a BA in Political Science from Concordia University.



**LUC PELLAND**  
LINEBACKERS

Former Stinger Luc Pelland joined the coaching staff from 1995 to 1997 and returned as linebacker coach in 2007. Pelland has also coached the Châteauguay junior Raiders, was defensive co-ordinator at Vanier College and spent two seasons in France as Head Coach of the Thonnon les Bain, Black Panthers. As a Stinger, Pelland

was all-Canadian in 1993 and 1994, as well as a two-time academic All-Canadian.

Pelland received his BA in Economics at Concordia University.

**ALEX OLIVEIRA**  
OFFENSIVE LINE



Alex Oliveira played for the Stingers for five years, and was part of the team that brought Concordia to the Vanier Cup final in 1998. Oliveira began coaching at Sun Youth when he returned from playing football in Europe. After coaching the midget Sun Youth Hornets he coached the St. Leonard Junior Cougars. The 2010 season marks Oliveira's second with the Stingers.

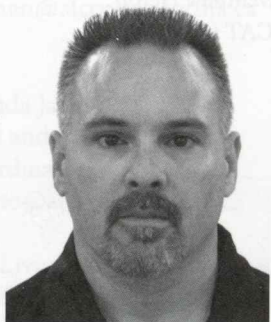
Oliveira graduated from Concordia with a BA in Applied Human Sciences.



**ERIC NICHIPOROWICH**  
DEFENSIVE LINE

Back for his second season with the Stingers coaching staff, Nichiporowich played with Lakeshore Football and Collège Français. This native of Montreal later returned to coach with Lakeshore Football and was the defensive back coach at John Abbot College. Nichiporowich has been coaching for nine years.

**PAUL RAPAGNA**  
DEFENSIVE BACKS



Paul Rapagna returns for his sixth season with the Concordia Stingers coaching staff after three years at John Abbott College. Rapagna played football at the city, CEGEP and university levels before he began coaching during his last two years of university. Since then he has coached at the high school, junior and CEGEP levels.

Rapagna obtained a Bachelor of Education and an M.A. in Education at McGill University.



**MIKE COMEAU**  
RUNNING BACKS/  
FILM CO-ORDINATOR

Originally from Point Edward, ON, Mike Comeau joined the coaching staff in 2009 after finishing a five-year career as a Stinger offensive lineman. His familiarity with the players and the coaching staff is a great asset to his position as an assistant coach.

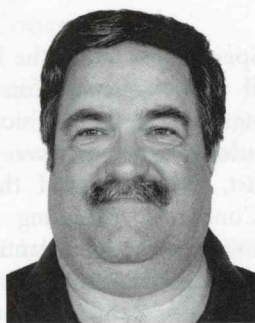




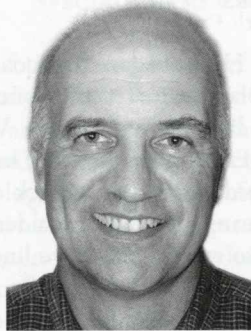
# STINGERS SUPPORT STAFF



EQUIPMENT MANAGER  
Alex Smith



EQUIPMENT MANAGER  
Jack Lamothe



TEAM DOCTOR  
Dr. Bruce Thomassin



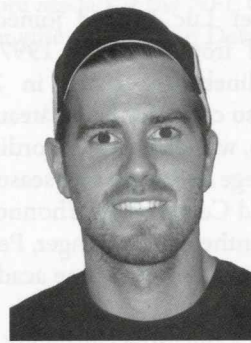
HEAD ATHLETIC THERAPIST /  
STRENGTH AND  
CONDITIONING COACH  
Sean Christensen  
CAT (C), CSCS



ASSISTANT ATHLETIC THERAPIST  
Matthew Heron  
CAT (C)



ASSISTANT STRENGTH &  
CONDITIONING COACH  
Lisa-Marie Breton  
NSCA-CPT, CSCS



STRENGTH & CONDITIONING  
CONSULTANT  
Sébastien Lajeunesse



ATHLETIC THERAPIST  
Lee Ann Papula  
CAT (C)



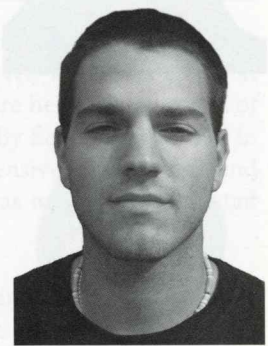
STUDENT THERAPIST  
Tyler Paturel



STUDENT THERAPIST  
Corey Rizzoli



STUDENT THERAPIST  
Cynthia Picard



STUDENT THERAPIST  
Daniel Spensieri





# Varsity and Club Teams

## Men's Basketball

John Dore  
Head Coach  
johndor@alcor.concordia.ca

## Women's Basketball

Keith Pruden  
Head Coach  
kpruden@alcor.concordia.ca

## Men's Hockey

Kevin Figsby  
Head Coach  
figsby@alcor.concordia.ca

## Women's Hockey

Les Lawton  
Head Coach  
llawton@alcor.concordia.ca

## Men's Rugby

Clive Gibson  
Head Coach  
clive\_gibson@hotmail.com

## Women's Rugby

Graeme McGravie  
Head Coach  
mcgravie@alcor.concordia.ca

## Men's Soccer

Lloyd Barker  
Head Coach  
lloydbarker11@yahoo.com

## Women's Soccer

Jorge Sanchez  
Head Coach  
wsoccer@alcor.concordia.ca

## Wrestling\*

Victor Zilberman  
Head Coach  
stingers@alcor.concordia.ca

## Baseball

Howard Schwartz  
Manager  
baseball@alcor.concordia.ca

## Cross-Country\*

John Lofranco  
Head Coach  
john.lofranco@gmail.com

## Golf\*

David Nagels  
Head Coach  
dnagels@dawsoncollege.qc.ca

## Alpine Skiing\*

Maxim Seguin  
Head Coach  
skiteam@alcor.concordia.ca

\* Indicates men and women's club teams

# Recreation and Athletics Staff

Katie Sheahan  
Director  
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Kerry Laughlin  
Administrative Services &  
Intercollegiate Manager  
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Catherine Grace  
Sports Information &  
Promotion Co-ordinator  
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Eric Boghen  
Marketing Co-ordinator  
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Marvin Cooper  
Manager, Facilities  
Planning and Development  
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Alex Smith  
Facilities Assistant  
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Janet Corrigan  
Campus Recreation Assistant  
& Travel Co-ordinator  
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Event and Ticket  
Co-ordinator  
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Gabriela Ponton  
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Communications Assistant  
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Vladimir Pavlicik  
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Administrative Assistant  
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Recreation  
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Alberto Moreira  
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Recreation  
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Daniel De Palma  
Sports Information &  
Promotion Assistant  
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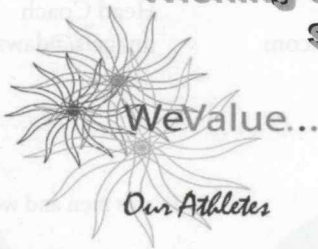


The Dean of Students offers many services for students including:

- Support to student associations
- Co-curricular Record
- Student Parents Centre (CUSP)
- Peer tutor information
- CCSL Special Projects funding
- CCSL Outstanding Contribution Awards
- Commissioner of Oaths for Concordia-related documents
- Loyola Information Centre
- Multi-Faith Chaplaincy
- Interfaith Ambassadors
- New initiatives

Drop by with questions or problems: SGW-H-637, LOY-AD-121. For more information, please visit our website <http://deanofstudents.concordia.ca> or phone us at (514) 848-2424 extensions 3517 (SGW) and 4239 (LOY).

**Wishing all of our athletes a season of growth,  
success and most of all, fun!**

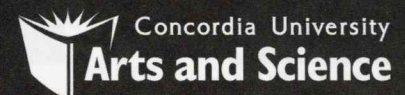
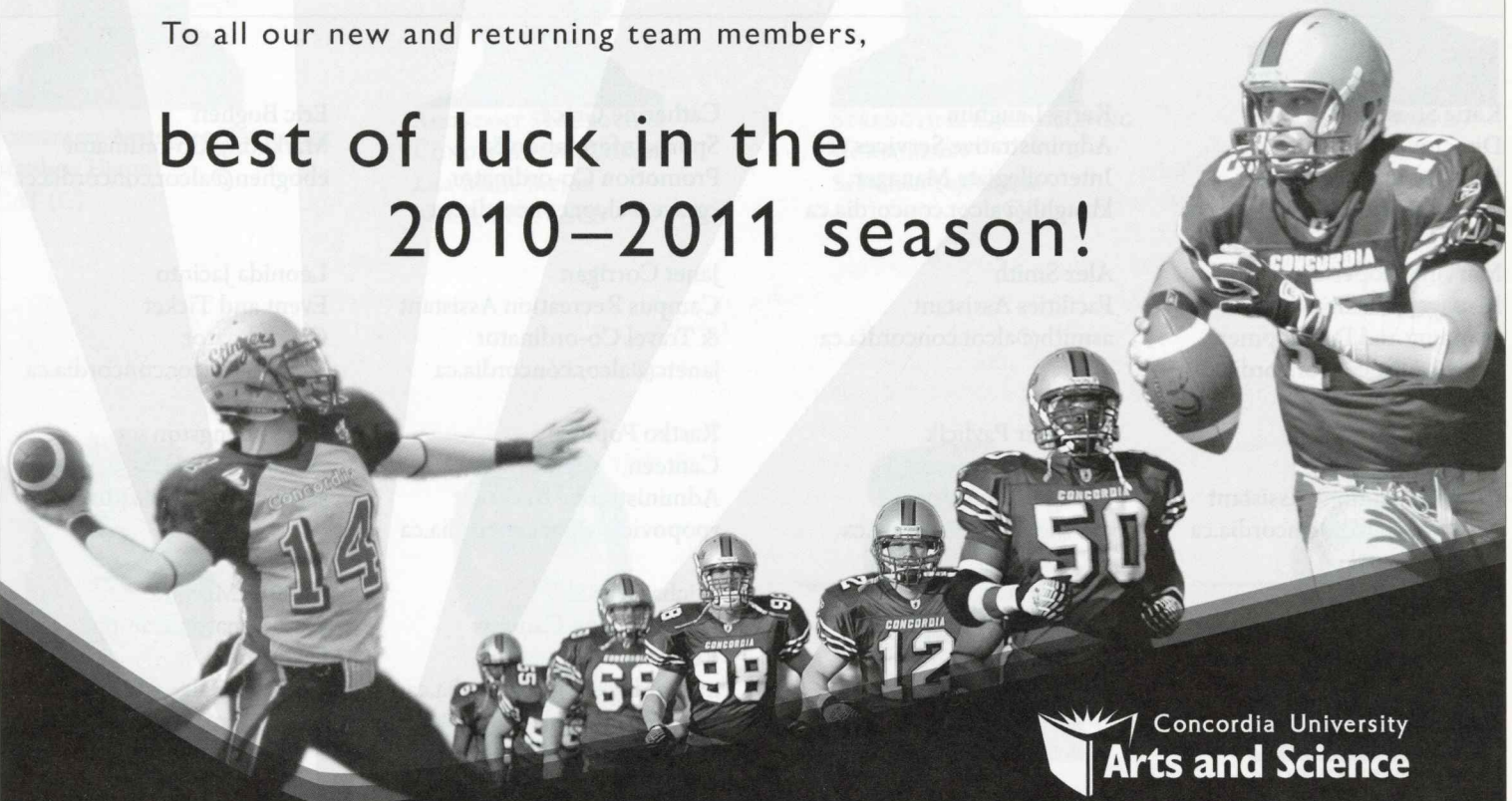


<http://wevalue.concordia.ca>



To all our new and returning team members,

**best of luck in the  
2010–2011 season!**



[artsandscience.concordia.ca](http://artsandscience.concordia.ca)



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514.484.4959

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VISION CENTRE

43a rue Westminster N.  
Montréal O. H4X 1Y8  
(514) 481-4791

**Dr. Mark Santaguida, o.d.**  
docteur en optométrie / optometrist

- examen de la vue
- lunettes
- verres de contact
- consultation laser
- eye exams
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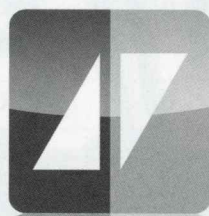




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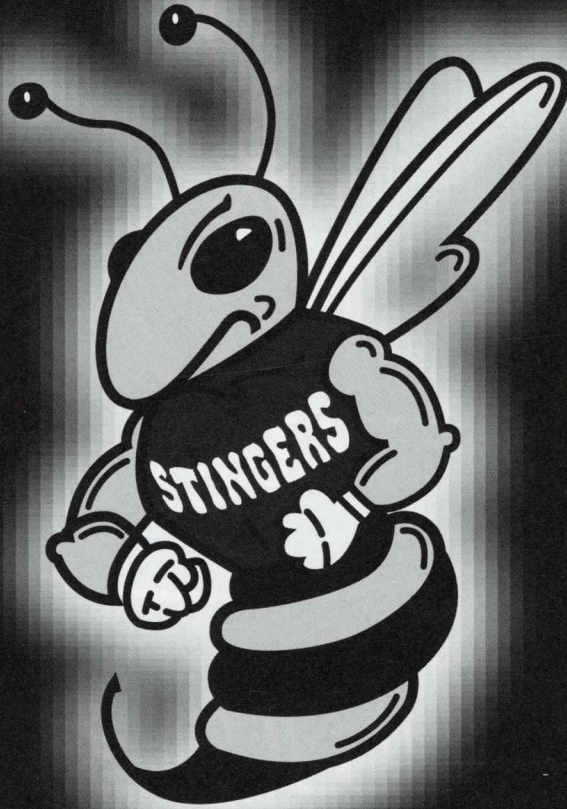
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Department of  
Recreation and Athletics

# STINGER DOME

7200 Sherbrooke St. W., Montreal, Quebec

## HOURS OF OPERATION AND RATES

Stinger Dome	Rate per hour (plus GST & PST)			
Monday to Friday	1/4 Field	1/2 Field	3/4 Field	Full Field
8 a.m. to 4 p.m.	\$100	\$200	\$300	\$400
4 p.m. to midnight	\$150	\$300	\$450	\$600
Saturday & Sunday				
8 a.m. to midnight	\$150	\$300	\$450	\$600

## RENTAL PROCEDURE

Rental requests are currently being accepted. Please download the Stinger Dome rental request pdf at [www.stingerdome.ca](http://www.stingerdome.ca)

For further information during regular business hours, please contact:

**Alberto Moreira**

Tel: 514-848-2424, ext. 8860 | [stingerdome@concordia.ca](mailto:stingerdome@concordia.ca)

## FIELD DIMENSIONS

1/4 Field: 98 x 180 feet  
1/2 Field: 203 x 180 feet  
3/4 Field: 308 x 180 feet  
Full Field: 413 x 180 feet



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